1  
00:00:01,400 --> 00:00:03,880  
咱们接着聊藏灶啊  
  
2  
00:00:05,440 --> 00:00:06,560  
这个到底是内脏  
  
3  
00:00:08,720 --> 00:00:11,680  
那么从这个后头看啊  
  
4  
00:00:11,680 --> 00:00:14,840  
你看比如说喜悲伤欲哭，对吧  
  
5  
00:00:14,840 --> 00:00:15,800  
我们说，呃  
  
6  
00:00:16,320 --> 00:00:18,400  
悲忧之情发于肺  
  
7  
00:00:19,900 --> 00:00:21,380  
相如神灵所作呢  
  
8  
00:00:21,380 --> 00:00:24,700  
说欠身，这个就有点抓不着啊  
  
9  
00:00:24,700 --> 00:00:25,900  
就不知道是哪一脏  
  
10  
00:00:28,540 --> 00:00:29,820  
个人愚见啊  
  
11  
00:00:30,860 --> 00:00:32,780  
不一定啊  
  
12  
00:00:32,820 --> 00:00:34,380  
这个就是跟你们说实话  
  
13  
00:00:34,380 --> 00:00:37,660  
我曾经认为有一段时间我觉得啊，可能这个脏灶呢  
  
14  
00:00:37,660 --> 00:00:38,980  
应该是肺是吧  
  
15  
00:00:39,980 --> 00:00:41,860  
哎，有有可能后来有一段呢  
  
16  
00:00:41,860 --> 00:00:43,460  
又觉得跟肾有关  
  
17  
00:00:44,340 --> 00:00:45,820  
后来我发现啊  
  
18  
00:00:47,010 --> 00:00:49,010  
那他如果是某一脏的话  
  
19  
00:00:49,410 --> 00:00:54,120  
他就会说肺脏燥相如  
  
20  
00:00:54,120 --> 00:00:55,600  
什么神灵所作  
  
21  
00:00:55,920 --> 00:00:56,800  
他没说  
  
22  
00:00:58,110 --> 00:00:59,390  
说明啥问题啊  
  
23  
00:01:00,480 --> 00:01:01,680  
他不一定是哪个脏  
  
24  
00:01:02,600 --> 00:01:03,680  
有可能是五脏  
  
25  
00:01:04,879 --> 00:01:06,240  
有可能是某一脏  
  
26  
00:01:07,340 --> 00:01:07,540  
哎  
  
27  
00:01:07,540 --> 00:01:08,420  
那有同学说了说  
  
28  
00:01:08,420 --> 00:01:09,940  
张老师你这么说  
  
29  
00:01:10,660 --> 00:01:14,130  
那不是有点弄乱了  
  
30  
00:01:14,250 --> 00:01:16,770  
我给你讲完，你就不乱了啊  
  
31  
00:01:16,890 --> 00:01:20,410  
它可以是仪葬，也可以是竖葬啊  
  
32  
00:01:21,960 --> 00:01:24,160  
那么怎么体现在条文里  
  
33  
00:01:24,160 --> 00:01:26,240  
比如说我们顺着条文来说啊  
  
34  
00:01:26,240 --> 00:01:28,240  
你看几个事  
  
35  
00:01:28,240 --> 00:01:31,600  
你看在里头能不能找着燥啊  
  
36  
00:01:31,760 --> 00:01:34,880  
指的是什么营血津液之不足，对吧  
  
37  
00:01:35,760 --> 00:01:35,960  
哎  
  
38  
00:01:36,040 --> 00:01:38,280  
甚至我们讲叫精血津液  
  
39  
00:01:38,520 --> 00:01:40,400  
精血津液啊之不足  
  
40  
00:01:41,520 --> 00:01:42,400  
五脏藏经嘛  
  
41  
00:01:42,400 --> 00:01:43,400  
对吧，哎  
  
42  
00:01:46,650 --> 00:01:48,770  
如果相对来说精血津液  
  
43  
00:01:50,050 --> 00:01:54,830  
虚于肺则悲是吧  
  
44  
00:01:55,910 --> 00:01:58,710  
虚于心则神乱  
  
45  
00:02:00,960 --> 00:02:01,760  
心主神明吗  
  
46  
00:02:02,280 --> 00:02:05,320  
神就乱了，就是相如神灵啊  
  
47  
00:02:06,310 --> 00:02:08,789  
虚于肾则欠打哈欠嘛  
  
48  
00:02:09,150 --> 00:02:11,270  
我说少阴之为病脉微细但欲寐嘛  
  
49  
00:02:11,270 --> 00:02:12,270  
对整个就困  
  
50  
00:02:12,590 --> 00:02:14,070  
肾主藏，精主封藏啊  
  
51  
00:02:14,230 --> 00:02:14,790  
精不足  
  
52  
00:02:16,820 --> 00:02:18,780  
趋于肝则身欠  
  
53  
00:02:18,860 --> 00:02:21,260  
身欠就是打哈欠伸是什么  
  
54  
00:02:21,540 --> 00:02:22,140  
抻懒腰吗  
  
55  
00:02:23,060 --> 00:02:27,760  
肝主筋，肝主肝主这个生生发是不是啊  
  
56  
00:02:27,760 --> 00:02:28,800  
我们可以这么去理解  
  
57  
00:02:29,040 --> 00:02:31,240  
那么所以它到底是哪一脏  
  
58  
00:02:32,330 --> 00:02:34,090  
其实不一定啊  
  
59  
00:02:34,570 --> 00:02:35,650  
其实这是不一定的  
  
60  
00:02:36,530 --> 00:02:40,130  
但是虽然我们说它有一个变量  
  
61  
00:02:42,000 --> 00:02:43,000  
还有一句话呢  
  
62  
00:02:43,880 --> 00:02:46,400  
变中有不变啊  
  
63  
00:02:46,600 --> 00:02:48,800  
啥东西不变，我给你从根上捋啊  
  
64  
00:02:50,120 --> 00:02:51,560  
捋出来你就清晰了  
  
65  
00:02:52,600 --> 00:02:54,960  
张尹安先是说了一句话  
  
66  
00:02:55,440 --> 00:02:58,160  
在这我给大家拿出来啊  
  
67  
00:03:12,980 --> 00:03:14,980  
叫戊癸相合  
  
68  
00:03:16,740 --> 00:03:20,060  
咱们同学知道，实际这个是从天干化五运来的吧  
  
69  
00:03:20,860 --> 00:03:22,700  
戊癸合则化火  
  
70  
00:03:23,830 --> 00:03:24,870  
戊为阳土  
  
71  
00:03:25,950 --> 00:03:26,870  
癸为阴水  
  
72  
00:03:28,030 --> 00:03:31,670  
变成五脏和六腑来说，戊为胃  
  
73  
00:03:33,300 --> 00:03:34,020  
鬼为谁啊  
  
74  
00:03:35,020 --> 00:03:36,500  
为肾，哎  
  
75  
00:03:36,580 --> 00:03:37,620  
所以最后呢  
  
76  
00:03:37,620 --> 00:03:42,740  
张延还说了一句话叫肾气不深则为脏燥  
  
77  
00:03:44,340 --> 00:03:45,540  
这是后头还说的啊  
  
78  
00:04:06,360 --> 00:04:07,240  
肾气不深  
  
79  
00:04:08,360 --> 00:04:11,080  
则为脏燥呃，但是在这呢  
  
80  
00:04:11,200 --> 00:04:13,120  
我要说明一个问题  
  
81  
00:04:13,120 --> 00:04:13,840  
同学们啊  
  
82  
00:04:15,380 --> 00:04:21,920  
藏造的造字在金贵各个传本里五花八门  
  
83  
00:04:22,920 --> 00:04:24,120  
有足字旁的  
  
84  
00:04:24,600 --> 00:04:27,080  
你仔细去看，也有火字旁的  
  
85  
00:04:28,230 --> 00:04:30,190  
我问你们到底应该是哪个  
  
86  
00:04:34,800 --> 00:04:38,940  
你觉得应该是足字旁的还是火字旁的，不是  
  
87  
00:04:39,300 --> 00:04:40,860  
呃，说句实话啊  
  
88  
00:04:41,220 --> 00:04:42,020  
说句实话  
  
89  
00:04:42,730 --> 00:04:43,970  
呃，我们在这儿呢  
  
90  
00:04:43,970 --> 00:04:46,090  
只能说要是追求版本啊  
  
91  
00:04:46,090 --> 00:04:47,490  
看哪个版本说的更好  
  
92  
00:04:47,930 --> 00:04:49,050  
这是从版本层面  
  
93  
00:04:49,420 --> 00:04:51,340  
但是纯从这个事本身来说  
  
94  
00:04:51,660 --> 00:04:54,860  
我个人有一个浅见供大家参考  
  
95  
00:04:55,380 --> 00:04:56,540  
其实两个都行  
  
96  
00:04:57,240 --> 00:04:58,320  
为什么都行啊  
  
97  
00:04:58,320 --> 00:04:59,080  
为什么都行  
  
98  
00:04:59,760 --> 00:05:00,520  
原因很简单  
  
99  
00:05:01,000 --> 00:05:08,750  
你如果从五脏的京津液营血理论  
  
100  
00:05:09,180 --> 00:05:11,660  
那他就是火，火字旁的  
  
101  
00:05:11,860 --> 00:05:12,420  
明白了吧  
  
102  
00:05:12,820 --> 00:05:16,940  
如果你从心主神明，五脏藏神去立论  
  
103  
00:05:17,600 --> 00:05:19,890  
他一定是足字旁的  
  
104  
00:05:19,890 --> 00:05:22,010  
看你怎么角度去看  
  
105  
00:05:22,250 --> 00:05:23,890  
因此他俩没有绝对的对错  
  
106  
00:05:24,210 --> 00:05:28,780  
我们也没必要非得揪着某一个版本就说，诶  
  
107  
00:05:29,260 --> 00:05:32,090  
这个版本是是是是最好的啊  
  
108  
00:05:32,090 --> 00:05:32,530  
呵呵  
  
109  
00:05:32,530 --> 00:05:34,330  
这个版本里是火，那他就得是火  
  
110  
00:05:34,610 --> 00:05:39,150  
那过几年可能又出一个新版本比他早呢，啊  
  
111  
00:05:39,310 --> 00:05:40,550  
那新版本里跟他不一样  
  
112  
00:05:40,550 --> 00:05:41,990  
那你再改回来啊  
  
113  
00:05:42,390 --> 00:05:45,090  
咱们明白这个文字是工具  
  
114  
00:05:45,210 --> 00:05:47,010  
我们关键要通过工具  
  
115  
00:05:47,130 --> 00:05:49,210  
我们明白道理是不是啊  
  
116  
00:05:49,450 --> 00:05:49,650  
哎  
  
117  
00:05:49,690 --> 00:05:52,290  
那么从这个角度，那么这就说一个问题诶  
  
118  
00:05:52,740 --> 00:05:54,060  
肾气不深则为脏燥  
  
119  
00:05:54,140 --> 00:05:58,500  
所以在这你你这么看你肯定乱啊，同学们  
  
120  
00:05:59,570 --> 00:06:02,010  
我给你提炼一下你，就你就不乱了  
  
121  
00:06:03,970 --> 00:06:05,010  
不为土  
  
122  
00:06:07,360 --> 00:06:08,240  
鬼为谁啊  
  
123  
00:06:09,900 --> 00:06:10,460  
为水  
  
124  
00:06:11,660 --> 00:06:13,780  
那么这块有一个眼目  
  
125  
00:06:14,460 --> 00:06:15,460  
眼目是肾气  
  
126  
00:06:16,650 --> 00:06:21,770  
其实藏造的核心就是土和水之间的关系  
  
127  
00:06:22,580 --> 00:06:23,900  
你把它搞明白  
  
128  
00:06:24,260 --> 00:06:25,940  
那么藏照你就理解了  
  
129  
00:06:26,500 --> 00:06:31,450  
你也就能把肾气这个节点把他安排明白了啊  
  
130  
00:06:31,450 --> 00:06:32,570  
知道咋回事了  
  
131  
00:06:33,790 --> 00:06:34,830  
在这怎么输啊  
  
132  
00:06:34,950 --> 00:06:36,910  
给大家说非常简单的东西  
  
133  
00:06:36,910 --> 00:06:38,510  
你看那个呃  
  
134  
00:06:39,590 --> 00:06:40,230  
五脏啊  
  
135  
00:06:41,070 --> 00:06:43,950  
我们说肾主封藏  
  
136  
00:06:44,150 --> 00:06:46,790  
它是很特殊的一个脏器  
  
137  
00:06:46,910 --> 00:06:48,830  
藏精藏，藏精气是吧  
  
138  
00:06:48,830 --> 00:06:51,150  
五脏，肾脏主水啊  
  
139  
00:06:51,150 --> 00:06:52,590  
五脏六腑呢  
  
140  
00:06:52,590 --> 00:06:56,970  
我们说它为水脏，而且又是主藏经啊  
  
141  
00:06:57,530 --> 00:06:57,810  
咳  
  
142  
00:06:59,410 --> 00:06:59,690  
嗯  
  
143  
00:07:01,330 --> 00:07:02,610  
有这么个特点啊  
  
144  
00:07:02,610 --> 00:07:03,530  
有这么个特点  
  
145  
00:07:04,840 --> 00:07:08,120  
那么整个水业都是由他来主管  
  
146  
00:07:08,920 --> 00:07:15,600  
但是它和土之间又有一个客观的关联啊  
  
147  
00:07:15,760 --> 00:07:16,920  
有一个客观的观点  
  
148  
00:07:17,320 --> 00:07:19,680  
就是这个所谓的戊癸相合  
  
149  
00:07:20,480 --> 00:07:22,640  
那怎么来体现戊癸相合啊  
  
150  
00:07:23,320 --> 00:07:25,320  
呃，说一个非常简单的道理  
  
151  
00:07:26,440 --> 00:07:28,040  
黄杰熙先生啊  
  
152  
00:07:29,860 --> 00:07:30,060  
他  
  
153  
00:07:30,780 --> 00:07:31,820  
呃哎  
  
154  
00:07:31,940 --> 00:07:33,220  
咱们从这个角度立论啊  
  
155  
00:07:33,220 --> 00:07:35,660  
就是黄世平先生啊  
  
156  
00:07:35,660 --> 00:07:36,500  
苏世平，苏士平  
  
157  
00:07:36,500 --> 00:07:37,140  
我说错了啊  
  
158  
00:07:37,900 --> 00:07:38,100  
嗯  
  
159  
00:07:38,620 --> 00:07:40,180  
口误苏世平先生  
  
160  
00:07:40,180 --> 00:07:42,340  
民国一家苏世平先生，他说这么一个事  
  
161  
00:07:43,550 --> 00:07:44,830  
皂，由于什么  
  
162  
00:07:44,830 --> 00:07:47,710  
由于液干液就是那个津液的液，对吧  
  
163  
00:07:47,990 --> 00:07:48,990  
由于液干燥  
  
164  
00:07:49,030 --> 00:07:50,030  
由于津液没有了  
  
165  
00:07:50,270 --> 00:07:53,980  
那么所以B补其生业之源  
  
166  
00:07:54,660 --> 00:07:55,540  
大家看到了没有  
  
167  
00:07:56,190 --> 00:08:00,920  
我们讲脾胃和肾，总绕不开一个东西  
  
168  
00:08:01,960 --> 00:08:04,480  
肾为先天之本，谁为后天之本啊  
  
169  
00:08:05,520 --> 00:08:08,520  
脾胃为后天之本，是不是这个道理啊  
  
170  
00:08:08,960 --> 00:08:11,600  
所以戊癸相合，讲的是先后天  
  
171  
00:08:12,660 --> 00:08:13,940  
一个为后天之本  
  
172  
00:08:13,940 --> 00:08:14,900  
一个为先天之本  
  
173  
00:08:15,580 --> 00:08:18,580  
先天啊，可以生后天  
  
174  
00:08:19,100 --> 00:08:21,420  
后天也可反补先天  
  
175  
00:08:21,770 --> 00:08:22,850  
大家明白这个道理了吧  
  
176  
00:08:23,210 --> 00:08:23,410  
哎  
  
177  
00:08:23,410 --> 00:08:24,810  
那么业不足了  
  
178  
00:08:25,090 --> 00:08:26,290  
所以你怎么办  
  
179  
00:08:26,370 --> 00:08:27,970  
你补液，这个时候又不行  
  
180  
00:08:28,010 --> 00:08:31,800  
你就补齐生业之源，这个后世一家呢  
  
181  
00:08:32,100 --> 00:08:34,740  
在此基础之上也有延伸  
  
182  
00:08:34,860 --> 00:08:36,659  
比如说刚才我说的黄世平先生  
  
183  
00:08:36,659 --> 00:08:37,860  
为什么给他俩调个顺序  
  
184  
00:08:37,860 --> 00:08:38,940  
因为年代不一样啊  
  
185  
00:08:39,340 --> 00:08:39,980  
黄世，呃  
  
186  
00:08:41,520 --> 00:08:42,200  
苏世平先生  
  
187  
00:08:42,200 --> 00:08:42,679  
刚才啊  
  
188  
00:08:43,559 --> 00:08:45,440  
黄杰希先生呢，又说了一句话  
  
189  
00:08:46,590 --> 00:08:51,270  
黄金熙先生讲叫脾阴不散，则五脏燥  
  
190  
00:08:51,430 --> 00:08:54,430  
我觉得这句话就非常的究竟吧  
  
191  
00:08:54,430 --> 00:08:54,630  
啊  
  
192  
00:08:55,230 --> 00:08:59,710  
我放在这个呃张先生这话下头，你看  
  
193  
00:09:03,940 --> 00:09:08,940  
脾经不散所  
  
194  
00:09:13,540 --> 00:09:18,280  
比照那你脾经不散  
  
195  
00:09:18,280 --> 00:09:18,920  
则五脏燥  
  
196  
00:09:18,920 --> 00:09:20,760  
这个灶得用火字，还是用竹子  
  
197  
00:09:21,560 --> 00:09:23,200  
你必须用火字  
  
198  
00:09:23,200 --> 00:09:23,720  
明白了吧  
  
199  
00:09:24,200 --> 00:09:24,400  
哎  
  
200  
00:09:24,480 --> 00:09:25,560  
用火用足都行  
  
201  
00:09:25,560 --> 00:09:27,920  
但是你不能用错时候，不能用错地方啊  
  
202  
00:09:28,480 --> 00:09:28,880  
咳  
  
203  
00:09:29,020 --> 00:09:31,580  
这个我觉得太经典了  
  
204  
00:09:31,580 --> 00:09:35,620  
你看为什么他用字很考究  
  
205  
00:09:35,700 --> 00:09:37,020  
它叫脾今不散  
  
206  
00:09:37,780 --> 00:09:38,260  
为什么  
  
207  
00:09:38,260 --> 00:09:39,020  
原因很简单  
  
208  
00:09:39,860 --> 00:09:40,700  
脾主为胃  
  
209  
00:09:40,780 --> 00:09:41,620  
行其津液  
  
210  
00:09:42,430 --> 00:09:45,830  
脾气散精，才能什么上归于肺  
  
211  
00:09:45,870 --> 00:09:46,790  
是这个道理吧  
  
212  
00:09:47,210 --> 00:09:48,290  
脾有散经之用  
  
213  
00:09:48,370 --> 00:09:50,010  
所以脾经不散  
  
214  
00:09:50,410 --> 00:09:53,690  
那么五脏，它没有津液可用  
  
215  
00:09:55,180 --> 00:09:58,340  
那么土和水之间的这个关联  
  
216  
00:09:59,260 --> 00:10:02,820  
我们说放在这就非常昭然了吧  
  
217  
00:10:02,820 --> 00:10:03,860  
就很明白了吧  
  
218  
00:10:05,320 --> 00:10:09,360  
那么所以这个治疗啊，怎么办  
  
219  
00:10:09,400 --> 00:10:12,520  
其实就是围绕于脾和肾啊  
  
220  
00:10:12,560 --> 00:10:14,960  
去附这个它的这个  
  
221  
00:10:14,960 --> 00:10:16,480  
这个津液散精之源  
  
222  
00:10:17,320 --> 00:10:17,600  
呃  
  
223  
00:10:18,190 --> 00:10:20,590  
历代医家怎么看这个用法啊  
  
224  
00:10:21,380 --> 00:10:23,420  
赵以德先生啊，说了一句话  
  
225  
00:10:24,100 --> 00:10:24,740  
小麦呢  
  
226  
00:10:24,860 --> 00:10:26,340  
因为小麦为甘谷，对吧  
  
227  
00:10:26,620 --> 00:10:30,530  
小麦养肝气，止燥灶  
  
228  
00:10:30,570 --> 00:10:35,170  
就是指这个我们刚才指的这个火字旁的燥啊  
  
229  
00:10:37,170 --> 00:10:40,610  
甘草大枣之甘  
  
230  
00:10:42,170 --> 00:10:45,330  
以缓肝气之苦极，我们说甘能缓急吗  
  
231  
00:10:46,050 --> 00:10:46,250  
啊  
  
232  
00:10:46,370 --> 00:10:49,570  
甘味甘草大枣，甘味甘味能缓急  
  
233  
00:10:50,750 --> 00:10:55,270  
这个如果只是从造和极的角度来说  
  
234  
00:10:56,230 --> 00:10:58,320  
呃，就完事了  
  
235  
00:10:58,640 --> 00:11:02,280  
但是我觉得呢，还稍稍不太够用  
  
236  
00:11:03,000 --> 00:11:04,480  
后世医家又有补充  
  
237  
00:11:04,760 --> 00:11:05,600  
比如说啊  
  
238  
00:11:05,680 --> 00:11:09,400  
陈修园先生说了一句话，非常的剑道啊  
  
239  
00:11:09,560 --> 00:11:10,800  
有一句剑道之语  
  
240  
00:11:10,800 --> 00:11:12,760  
说这么一句话，说这个方啊  
  
241  
00:11:13,440 --> 00:11:14,800  
甘草大枣的应用  
  
242  
00:11:15,970 --> 00:11:20,530  
妙能连上下水火之气而交汇于中土  
  
243  
00:11:21,460 --> 00:11:22,540  
奇妙在于什么啊  
  
244  
00:11:22,620 --> 00:11:24,740  
能联联联就是联合的意思啊  
  
245  
00:11:25,100 --> 00:11:27,180  
能连上下水火之气  
  
246  
00:11:27,180 --> 00:11:29,500  
我们说正常火在上  
  
247  
00:11:30,480 --> 00:11:31,600  
以降为用，对吧  
  
248  
00:11:32,080 --> 00:11:33,520  
水在下以升为用  
  
249  
00:11:33,960 --> 00:11:35,160  
那么水火既济呢  
  
250  
00:11:35,720 --> 00:11:39,790  
呃，才能化生中土A而交汇于中土  
  
251  
00:11:45,560 --> 00:11:48,880  
那么他这句话说的就有点意思了啊呃  
  
252  
00:11:49,320 --> 00:11:53,080  
藏造它不只是说缓急这么简单  
  
253  
00:11:54,140 --> 00:11:56,300  
重要的是让他水火能祭祭  
  
254  
00:11:56,980 --> 00:11:58,340  
而且祭祭在哪呢  
  
255  
00:12:00,240 --> 00:12:00,480  
哎  
  
256  
00:12:00,480 --> 00:12:01,600  
那么建国初年  
  
257  
00:12:02,120 --> 00:12:09,030  
赵仲勤先生把这个观点进一步的阐发啊说了段话  
  
258  
00:12:10,020 --> 00:12:12,660  
胃痛腹阳，肾统脏阴  
  
259  
00:12:12,900 --> 00:12:14,460  
你看他有生理基础  
  
260  
00:12:14,940 --> 00:12:16,300  
胃是统诸阳的对吧  
  
261  
00:12:16,460 --> 00:12:17,060  
主六腑  
  
262  
00:12:18,410 --> 00:12:18,850  
肾呢  
  
263  
00:12:18,930 --> 00:12:19,490  
统诸阴  
  
264  
00:12:20,530 --> 00:12:21,290  
主五脏  
  
265  
00:12:22,550 --> 00:12:24,630  
那么在这基础之上，呃  
  
266  
00:12:26,060 --> 00:12:27,620  
赵仲勤先生有一段引文  
  
267  
00:12:28,140 --> 00:12:34,960  
说肾神婴儿心神差女痞神黄婆啊  
  
268  
00:12:34,960 --> 00:12:39,830  
他借助了古代丹家的一些概念  
  
269  
00:12:40,030 --> 00:12:42,890  
但是借助的很形象啊  
  
270  
00:12:43,210 --> 00:12:45,330  
有差女婴儿有黄婆  
  
271  
00:12:45,730 --> 00:12:48,850  
那么男女相会介于黄婆，什么意思啊  
  
272  
00:12:48,850 --> 00:12:51,470  
就是男和女要见面  
  
273  
00:12:51,630 --> 00:12:54,150  
她中间有介绍人，有这个媒婆是吧  
  
274  
00:12:54,150 --> 00:12:55,460  
有媒硕，诶  
  
275  
00:12:55,460 --> 00:12:56,220  
这个这个黄婆  
  
276  
00:12:56,740 --> 00:12:58,300  
于是乎，水火  
  
277  
00:12:58,300 --> 00:13:00,020  
你看这句话就是他的核心啊  
  
278  
00:13:00,420 --> 00:13:01,580  
水火相济  
  
279  
00:13:02,190 --> 00:13:05,910  
必于中土斯方之义也啊  
  
280  
00:13:06,880 --> 00:13:10,720  
水火相济，必于中土斯方知易也  
  
281  
00:13:10,920 --> 00:13:12,720  
斯就是这个这个的意思啊  
  
282  
00:13:13,250 --> 00:13:14,370  
哎，斯人对吧  
  
283  
00:13:14,570 --> 00:13:16,490  
私方私方之义也  
  
284  
00:13:18,580 --> 00:13:19,420  
呃，很妙  
  
285  
00:13:20,140 --> 00:13:21,340  
所以这一张方啊  
  
286  
00:13:21,900 --> 00:13:27,270  
大家再次的能够感知到古人经方啊  
  
287  
00:13:27,310 --> 00:13:31,350  
那么仲景经方他这种仿生学的这种妙用  
  
288  
00:13:31,710 --> 00:13:34,470  
那你说藏造，我们如果就是造  
  
289  
00:13:34,710 --> 00:13:37,840  
你直接去用点麦冬  
  
290  
00:13:38,910 --> 00:13:39,790  
天冬是吧  
  
291  
00:13:39,870 --> 00:13:41,590  
弄点生地玄参不行吗  
  
292  
00:13:41,950 --> 00:13:42,790  
石膏不行吗  
  
293  
00:13:43,150 --> 00:13:44,320  
不行啊  
  
294  
00:13:44,320 --> 00:13:46,360  
为什么你后给的呀  
  
295  
00:13:46,480 --> 00:13:47,760  
跟它化生出来的呀  
  
296  
00:13:48,000 --> 00:13:48,920  
那是两回事  
  
297  
00:13:49,160 --> 00:13:52,240  
这个藏灶是不是缺津液，它肯定是  
  
298  
00:13:52,590 --> 00:13:55,470  
但是是不是补津液就行  
  
299  
00:13:55,950 --> 00:13:59,710  
肯节不在这，肯结在于脾不给它散津液  
  
300  
00:14:00,930 --> 00:14:01,490  
明白了吗  
  
301  
00:14:02,890 --> 00:14:05,570  
戊和癸它俩没化合  
  
302  
00:14:06,770 --> 00:14:09,730  
就像是打比方大清国  
  
303  
00:14:10,330 --> 00:14:11,890  
我们说甲午海战的时候  
  
304  
00:14:12,480 --> 00:14:13,920  
你说海军有没有钱  
  
305  
00:14:13,960 --> 00:14:14,720  
海军没钱  
  
306  
00:14:15,440 --> 00:14:17,120  
他用的战列舰还都是  
  
307  
00:14:17,580 --> 00:14:21,060  
你不要吹他说海北洋水师说排名第几  
  
308  
00:14:21,260 --> 00:14:22,940  
你看那都是多少年的事了  
  
309  
00:14:23,630 --> 00:14:23,830  
哎  
  
310  
00:14:23,830 --> 00:14:26,230  
日本海军当时都已经速射炮了  
  
311  
00:14:26,230 --> 00:14:29,310  
咱们那个炮还是他是占个大  
  
312  
00:14:29,350 --> 00:14:30,870  
但是问题你慢啊是吧  
  
313  
00:14:31,230 --> 00:14:32,070  
是这个道理吧  
  
314  
00:14:32,890 --> 00:14:37,610  
他没钱，他有钱他不就换换换这个军舰了吗  
  
315  
00:14:37,650 --> 00:14:41,200  
他没钱换，那么是大清国没钱吗  
  
316  
00:14:42,350 --> 00:14:44,270  
你看看当时他不是啊  
  
317  
00:14:44,550 --> 00:14:45,870  
他是不给钱啊  
  
318  
00:14:46,190 --> 00:14:47,270  
你明白我道理了吧  
  
319  
00:14:47,630 --> 00:14:49,430  
跟这个甘麦大澡堂一模一样  
  
320  
00:14:50,410 --> 00:14:51,890  
所以你给多少钱  
  
321  
00:14:52,370 --> 00:14:53,090  
你扔给他  
  
322  
00:14:54,130 --> 00:14:56,490  
那都是把颐和园修得越来越大  
  
323  
00:14:57,930 --> 00:14:59,050  
明白我的道理没有  
  
324  
00:14:59,330 --> 00:15:01,660  
而不是说把那个呃  
  
325  
00:15:01,660 --> 00:15:03,700  
把那个那个就一模一样啊  
  
326  
00:15:03,700 --> 00:15:04,820  
你给他多少钱  
  
327  
00:15:04,820 --> 00:15:05,900  
你说我加点卖东西  
  
328  
00:15:05,900 --> 00:15:08,290  
我我咱咱有，对吧  
  
329  
00:15:08,290 --> 00:15:11,730  
咱不怕，咱使咱麦冬石膏玄参好了  
  
330  
00:15:12,090 --> 00:15:13,890  
你发现最后把五脏六腑啊  
  
331  
00:15:14,570 --> 00:15:17,730  
这个不该有津液的地方塞得脑满肠肥  
  
332  
00:15:21,460 --> 00:15:21,820  
对吧  
  
333  
00:15:22,300 --> 00:15:24,420  
上下是官吏沆瀣一气  
  
334  
00:15:24,540 --> 00:15:27,710  
把这个你你这点钱都给分了啊  
  
335  
00:15:27,790 --> 00:15:28,990  
然后有用那地儿呢  
  
336  
00:15:29,470 --> 00:15:34,230  
最后人家官兵将士在前头开不出来支啊  
  
337  
00:15:35,070 --> 00:15:36,070  
不这么点事吗  
  
338  
00:15:36,070 --> 00:15:36,910  
你看历史啊  
  
339  
00:15:36,990 --> 00:15:41,470  
它跟这个方药它总是有很多相似的地方啊  
  
340  
00:15:42,500 --> 00:15:43,820  
那么所以，呃  
  
341  
00:15:44,820 --> 00:15:49,020  
这个这就必须让他脾呀  
  
342  
00:15:49,100 --> 00:15:51,780  
能够行这个散叶之用，哎  
  
343  
00:15:51,860 --> 00:15:54,160  
因此，首先用小麦  
  
344  
00:15:54,480 --> 00:15:55,480  
小麦能缓急  
  
345  
00:15:55,520 --> 00:15:59,120  
首先把肝吉他是不是没有没有精液肝脏，吉呀  
  
346  
00:15:59,120 --> 00:16:00,080  
说欠身啊是吧  
  
347  
00:16:00,480 --> 00:16:02,480  
哎，先缓缓一缓他的这个症  
  
348  
00:16:03,000 --> 00:16:05,480  
然后，哎脉呢  
  
349  
00:16:05,560 --> 00:16:06,560  
成于秋金  
  
350  
00:16:07,340 --> 00:16:08,140  
是这个道理吧  
  
351  
00:16:08,180 --> 00:16:08,380  
唉  
  
352  
00:16:08,420 --> 00:16:09,660  
盛于秋金之时  
  
353  
00:16:10,260 --> 00:16:10,460  
唉  
  
354  
00:16:10,540 --> 00:16:13,620  
又得这个甘草大枣之脾，土之滋润  
  
355  
00:16:14,100 --> 00:16:17,000  
那么象征脾气散精之象  
  
356  
00:16:18,280 --> 00:16:20,080  
在这儿就全浪  
  
357  
00:16:21,510 --> 00:16:22,710  
所以这个方的临床呢  
  
358  
00:16:22,710 --> 00:16:24,590  
实际上它的应用广度非常大  
  
359  
00:16:25,100 --> 00:16:28,580  
我们过去啊，总是专注于这个脏燥之症  
  
360  
00:16:28,620 --> 00:16:29,380  
有的时候呢  
  
361  
00:16:29,380 --> 00:16:31,330  
患者啊，特别有意思啊  
  
362  
00:16:31,330 --> 00:16:32,570  
真是真苦啊  
  
363  
00:16:32,610 --> 00:16:33,370  
患者真苦  
  
364  
00:16:34,640 --> 00:16:37,240  
呃，甚至是我门诊过去有一段时间  
  
365  
00:16:38,160 --> 00:16:39,040  
经常有这样的患者  
  
366  
00:16:39,040 --> 00:16:39,960  
女患者居多啊  
  
367  
00:16:40,280 --> 00:16:42,680  
到你屋里之后开始哭哭之后  
  
368  
00:16:42,860 --> 00:16:44,620  
我说我给你赶紧拿纸吧  
  
369  
00:16:44,620 --> 00:16:46,380  
然后患者还主动劝你啊  
  
370  
00:16:46,380 --> 00:16:49,860  
说大夫没事，你不用紧张说我也不知道为啥没啥伤心事  
  
371  
00:16:49,980 --> 00:16:52,050  
家里都挺好的，然后掉眼泪啊  
  
372  
00:16:52,130 --> 00:16:53,770  
我一看，那这就是脏燥之症啊  
  
373  
00:16:53,770 --> 00:16:54,730  
甘麦大枣汤用吗  
  
374  
00:16:54,890 --> 00:16:55,810  
还用就好使  
  
375  
00:16:57,510 --> 00:16:59,030  
你看那回头一看  
  
376  
00:16:59,070 --> 00:17:04,670  
我是2011年在传统诊疗医院正式挂牌行医  
  
377  
00:17:05,430 --> 00:17:06,270  
哎，之前呢  
  
378  
00:17:06,750 --> 00:17:13,560  
那么说这个自己游医的经历那更是年深日久啊这  
  
379  
00:17:13,800 --> 00:17:14,000  
哎  
  
380  
00:17:14,040 --> 00:17:15,800  
正式挂牌行医是2011年  
  
381  
00:17:16,200 --> 00:17:17,839  
那么从那个时候啊  
  
382  
00:17:17,920 --> 00:17:20,970  
就是用经方就慨叹啊  
  
383  
00:17:21,050 --> 00:17:23,130  
仲景之方，诚不欺我啊  
  
384  
00:17:23,849 --> 00:17:24,490  
藏燥之症  
  
385  
00:17:24,569 --> 00:17:26,250  
脉证相合，一用上就好使  
  
386  
00:17:28,050 --> 00:17:30,610  
这么多年过去了，好使了这么多年  
  
387  
00:17:32,320 --> 00:17:35,280  
到今天才真正的领会啊  
  
388  
00:17:35,560 --> 00:17:38,040  
仲景先师，他这个方为什么好吃  
  
389  
00:17:38,630 --> 00:17:40,910  
所以我过去我老给大家说一句话，还记得吧  
  
390  
00:17:41,430 --> 00:17:43,390  
哎，我说仲景之方非常简单  
  
391  
00:17:43,910 --> 00:17:45,150  
简单的是你照着用  
  
392  
00:17:45,190 --> 00:17:46,070  
用了就好使  
  
393  
00:17:46,630 --> 00:17:48,550  
但是仲景之方非常难  
  
394  
00:17:49,030 --> 00:17:50,150  
难在好使一辈子  
  
395  
00:17:50,150 --> 00:17:52,070  
你不知道为啥是吧  
  
396  
00:17:52,270 --> 00:17:53,770  
这个东西，哎  
  
397  
00:17:53,850 --> 00:17:54,650  
很玄妙啊  
  
398  
00:17:54,690 --> 00:17:57,610  
所以大家一定要你不能光好用啊  
  
399  
00:17:57,970 --> 00:18:00,610  
好，这个包括我的学生也有很多对吧  
  
400  
00:18:00,890 --> 00:18:03,170  
队也排起来了，啊这这个号也满了  
  
401  
00:18:03,450 --> 00:18:06,600  
那么那你你你要明白这个道理  
  
402  
00:18:06,760 --> 00:18:08,000  
你不是说你当医生  
  
403  
00:18:08,240 --> 00:18:10,880  
你号挂满了你就你就行了啊  
  
404  
00:18:11,200 --> 00:18:14,610  
你一定要理解那为什么有效，是不是啊  
  
405  
00:18:14,770 --> 00:18:15,010  
哎  
  
406  
00:18:15,690 --> 00:18:19,330  
还要精益求精去琢磨这个道理啊  
  
407  
00:18:20,780 --> 00:18:23,660  
那么这块呢，就给大家讲这么一个妙用  
  
408  
00:18:24,140 --> 00:18:28,590  
实际上甘麦大枣汤的应用可不只是一个脏燥之症  
  
409  
00:18:28,590 --> 00:18:31,670  
你你要不然你光看着这人哭你才会用  
  
410  
00:18:32,200 --> 00:18:33,720  
那你就不好弄了吧  
  
411  
00:18:34,120 --> 00:18:36,480  
你看说来巧了，就这几天啊  
  
412  
00:18:36,480 --> 00:18:38,560  
我学生在门诊他们都看见，诶  
  
413  
00:18:39,210 --> 00:18:40,570  
经常来一小孩吧，是吧  
  
414  
00:18:40,970 --> 00:18:43,130  
哎，我给看啥病知道吧  
  
415  
00:18:44,130 --> 00:18:44,570  
癫痫  
  
416  
00:18:45,650 --> 00:18:45,850  
哎  
  
417  
00:18:45,970 --> 00:18:48,850  
甘麦大枣汤是治癫痫的一张妙方  
  
418  
00:18:49,330 --> 00:18:50,970  
癫痫是不是有疾呀  
  
419  
00:18:52,650 --> 00:18:54,410  
急，古人称之为什么叫吃粽吗  
  
420  
00:18:54,410 --> 00:18:55,290  
是不是能缓急啊  
  
421  
00:18:55,930 --> 00:18:58,090  
甘麦大枣缓急够用吧  
  
422  
00:18:58,850 --> 00:19:01,570  
癫痫的时候有没有这个相如神灵啊  
  
423  
00:19:02,650 --> 00:19:04,090  
有没有欠身啊  
  
424  
00:19:05,470 --> 00:19:05,910  
有吧  
  
425  
00:19:07,610 --> 00:19:11,130  
那么癫痫这个病我们多说两句啊，怎么得的  
  
426  
00:19:12,050 --> 00:19:15,370  
绝大多数都是很多小孩生下来就有啊  
  
427  
00:19:15,650 --> 00:19:19,610  
很小的时候就发现大多数是在母胎之中  
  
428  
00:19:22,600 --> 00:19:26,690  
母亲怀仁的时候受惊啊，惊吓所致  
  
429  
00:19:27,050 --> 00:19:30,050  
多数造成痰气闭阻在里头  
  
430  
00:19:30,450 --> 00:19:33,490  
那么对于他的这个失重的急症  
  
431  
00:19:34,190 --> 00:19:36,350  
用甘麦大枣效果非常好啊  
  
432  
00:19:36,950 --> 00:19:41,410  
基本上就可以替代那个抗癫痫药，比它效果好得多  
  
433  
00:19:41,410 --> 00:19:42,410  
我认为啊  
  
434  
00:19:42,800 --> 00:19:45,840  
但是有的时候吧，中医这事儿呢也挺尴尬  
  
435  
00:19:46,240 --> 00:19:48,080  
我就吐槽这么一句吧  
  
436  
00:19:48,080 --> 00:19:50,000  
平时不咋吐槽就是  
  
437  
00:19:51,160 --> 00:19:51,480  
啧  
  
438  
00:19:51,760 --> 00:19:56,200  
为啥我经常会在课上我说我这个只做理论依据  
  
439  
00:19:56,400 --> 00:19:57,800  
不做临床指导啊  
  
440  
00:19:57,880 --> 00:19:59,280  
大家没记住我这句话了吧  
  
441  
00:19:59,560 --> 00:20:03,120  
我这说的不是说我讲完课你听张驰老师这么说的啊  
  
442  
00:20:03,120 --> 00:20:05,300  
我这张老师说这就是临床指南  
  
443  
00:20:05,340 --> 00:20:06,420  
我从来没那么说啊  
  
444  
00:20:07,020 --> 00:20:08,890  
你自己用去啊  
  
445  
00:20:09,850 --> 00:20:11,930  
为什么有很多时候啊  
  
446  
00:20:12,090 --> 00:20:13,490  
他这个问题比较复杂  
  
447  
00:20:15,310 --> 00:20:16,350  
真的这个很无奈  
  
448  
00:20:16,550 --> 00:20:19,470  
很多病在临床上如果你用了西药，用了西药之后呢  
  
449  
00:20:19,710 --> 00:20:21,430  
你也按说明指南也用了对吧  
  
450  
00:20:21,910 --> 00:20:23,510  
然后没好，哎呀  
  
451  
00:20:25,050 --> 00:20:25,690  
尽力了  
  
452  
00:20:25,770 --> 00:20:27,250  
尽力了就是这病，该着  
  
453  
00:20:27,250 --> 00:20:28,370  
你看他就没好  
  
454  
00:20:29,690 --> 00:20:33,190  
前提西药没用你，呃呃  
  
455  
00:20:33,190 --> 00:20:34,150  
我还没到那呢  
  
456  
00:20:34,150 --> 00:20:34,870  
就西药用了  
  
457  
00:20:34,910 --> 00:20:35,990  
中药也用了，好了  
  
458  
00:20:36,630 --> 00:20:37,310  
锦上添花  
  
459  
00:20:38,350 --> 00:20:40,630  
是不是这道理好  
  
460  
00:20:41,070 --> 00:20:42,790  
西药没用，中药用了  
  
461  
00:20:44,130 --> 00:20:45,650  
要是好了啊，那不正常吗  
  
462  
00:20:45,650 --> 00:20:47,170  
治病治病就得好啊  
  
463  
00:20:47,730 --> 00:20:48,050  
好了  
  
464  
00:20:48,250 --> 00:20:51,010  
那再反过来，西药没用  
  
465  
00:20:51,650 --> 00:20:53,650  
中药用了没好  
  
466  
00:20:54,590 --> 00:20:55,270  
对照组嘛  
  
467  
00:20:55,270 --> 00:20:56,550  
咱们说没有对比没有伤害  
  
468  
00:20:57,390 --> 00:21:00,150  
这时候你终于耽误了是吧  
  
469  
00:21:00,390 --> 00:21:04,900  
所以在这我从这个层面，我不能跟你说啊  
  
470  
00:21:04,900 --> 00:21:06,180  
我说你就得必须得用  
  
471  
00:21:06,180 --> 00:21:08,260  
你不用你不怎么着，对吧  
  
472  
00:21:08,460 --> 00:21:09,980  
我从来没这么说话  
  
473  
00:21:10,310 --> 00:21:13,350  
我只是给大家把古人这套东西人家怎么用的  
  
474  
00:21:13,430 --> 00:21:15,070  
我临床上怎么用的我给你讲  
  
475  
00:21:15,390 --> 00:21:16,350  
至于你用不用  
  
476  
00:21:16,550 --> 00:21:20,380  
你咋用这个事，我不能去去干涉你啊  
  
477  
00:21:20,960 --> 00:21:22,880  
也不作为法律依据啊  
  
478  
00:21:22,880 --> 00:21:25,400  
说到时候回头我得说  
  
479  
00:21:25,440 --> 00:21:26,960  
我那听张春老师课说的  
  
480  
00:21:27,000 --> 00:21:29,040  
那这这事不算数啊  
  
481  
00:21:29,910 --> 00:21:33,230  
但是从道理上啊，真的就比那个抗天邪药  
  
482  
00:21:33,230 --> 00:21:36,790  
你想想中国老祖宗研究这玩意研究上千年了  
  
483  
00:21:36,790 --> 00:21:37,960  
我跟你讲，对  
  
484  
00:21:38,240 --> 00:21:39,880  
长上金贵都2000多年是吧  
  
485  
00:21:39,880 --> 00:21:42,440  
1800年，那他研究这玩意研究透了  
  
486  
00:21:42,480 --> 00:21:45,080  
所以说这种情况甘麦大枣效果非常快  
  
487  
00:21:45,300 --> 00:21:47,620  
你要是担心你说觉得  
  
488  
00:21:48,260 --> 00:21:51,020  
呃不咋把握还有办法啊  
  
489  
00:21:51,580 --> 00:21:53,300  
脉经之中有一段论述  
  
490  
00:21:54,140 --> 00:21:56,790  
癫痫吃纵，不知所苦  
  
491  
00:21:57,270 --> 00:22:01,150  
两翘之下，男阳女阴啥意思  
  
492  
00:22:01,630 --> 00:22:04,230  
阳跷脉与阴跷脉明白了吧  
  
493  
00:22:04,710 --> 00:22:04,990  
哎  
  
494  
00:22:05,690 --> 00:22:10,770  
后世张元素先是给了一个更直白的用法啊  
  
495  
00:22:10,770 --> 00:22:13,850  
一个诠释，咱们这个大家应该都非常熟悉  
  
496  
00:22:13,930 --> 00:22:16,510  
癫痫，昼发九阳窍  
  
497  
00:22:17,070 --> 00:22:19,430  
夜发九阴跷阳跷阴跷二脉嘛  
  
498  
00:22:19,870 --> 00:22:22,930  
按照咱们这个灵龟八法来说呢  
  
499  
00:22:22,930 --> 00:22:24,690  
就申脉照海呗，对吧  
  
500  
00:22:24,690 --> 00:22:26,890  
你白天发病你就九神脉  
  
501  
00:22:27,450 --> 00:22:29,930  
晚上发病九兆海自己掌握  
  
502  
00:22:30,540 --> 00:22:32,740  
那抗癫痫药基本你就替代了  
  
503  
00:22:33,140 --> 00:22:35,580  
然后再用甘麦大枣汤就能控制住  
  
504  
00:22:35,820 --> 00:22:38,940  
但是还不能解决根本啊，呃  
  
505  
00:22:39,660 --> 00:22:44,340  
要解决根本，要把他脏腑之中的那个呃  
  
506  
00:22:44,660 --> 00:22:48,430  
尤其上二交的那个风痰，把它搜出去  
  
507  
00:22:48,550 --> 00:22:49,110  
明白了吗  
  
508  
00:22:49,350 --> 00:22:51,230  
你只有这样你才能够彻底解决  
  
509  
00:22:51,230 --> 00:22:52,570  
能断根啊  
  
510  
00:22:52,570 --> 00:22:56,330  
要不然你就比如说撤要撤了半年可能又犯了  
  
511  
00:22:57,160 --> 00:22:58,200  
或者若干年  
  
512  
00:22:58,240 --> 00:23:02,240  
我甚至见过有停药停了10年又犯犯病的啊  
  
513  
00:23:02,240 --> 00:23:04,740  
那么他就容易再反复，呃  
  
514  
00:23:04,820 --> 00:23:05,540  
那样不好  
  
515  
00:23:05,860 --> 00:23:06,540  
咱们讲啊  
  
516  
00:23:06,620 --> 00:23:08,140  
我们施工的标准  
  
517  
00:23:09,140 --> 00:23:11,420  
交付的标准是什么标准诶  
  
518  
00:23:11,660 --> 00:23:13,220  
不但要给他解决问题  
  
519  
00:23:13,300 --> 00:23:15,620  
解决问题之后一定时间之内  
  
520  
00:23:15,660 --> 00:23:19,020  
只要他没有什么天灾人祸哈  
  
521  
00:23:19,340 --> 00:23:19,900  
没有什么  
  
522  
00:23:20,180 --> 00:23:23,380  
外力干扰一般是不容易犯病的啊  
  
523  
00:23:23,380 --> 00:23:24,260  
咱别说绝对  
  
524  
00:23:24,300 --> 00:23:27,340  
但是咱们门诊的交付标准一般都是这样是吧  
  
525  
00:23:27,620 --> 00:23:27,860  
哎  
  
526  
00:23:27,900 --> 00:23:32,030  
所以这个就是给大家做一个拓展好  
  
527  
00:23:32,030 --> 00:23:33,910  
我们翻过来接着往后看啊  
  
528  
00:23:37,620 --> 00:23:44,140  
原文第七条、第七条比较简单啊  
  
529  
00:23:45,420 --> 00:23:47,460  
呃，小青龙和泻心汤咋用的  
  
530  
00:23:47,940 --> 00:23:48,940  
妇人吐涎沫  
  
531  
00:23:51,820 --> 00:23:54,380  
一反下肢，那么这块这个吐贤啊  
  
532  
00:23:54,380 --> 00:23:55,300  
就有意思了啊  
  
533  
00:23:55,780 --> 00:23:56,460  
其实呢  
  
534  
00:23:56,540 --> 00:23:58,580  
跟我们下一条，你看一会那个  
  
535  
00:23:59,100 --> 00:23:59,340  
呃  
  
536  
00:23:59,420 --> 00:24:03,240  
有一个歌诀啊，就下一条  
  
537  
00:24:03,280 --> 00:24:04,680  
他说那个是一样的  
  
538  
00:24:04,960 --> 00:24:06,240  
他说寒伤经络  
  
539  
00:24:06,960 --> 00:24:08,560  
凝坚在上，是不是  
  
540  
00:24:09,220 --> 00:24:10,940  
哎，指这个道理  
  
541  
00:24:13,340 --> 00:24:15,260  
寒商经络鸣坚在上呃  
  
542  
00:24:15,900 --> 00:24:18,220  
朱光贝先生引文就是从这儿来的啊  
  
543  
00:24:21,480 --> 00:24:22,320  
那么在这  
  
544  
00:24:24,000 --> 00:24:27,480  
就是会有这个呕吐涎沫之症  
  
545  
00:24:27,680 --> 00:24:31,320  
久成肺庸啊呕吐涎唾之症  
  
546  
00:24:31,560 --> 00:24:32,640  
那么这种时候  
  
547  
00:24:34,150 --> 00:24:36,860  
应该用温法吧  
  
548  
00:24:37,380 --> 00:24:38,860  
病痰饮者，当以温药和之  
  
549  
00:24:39,380 --> 00:24:40,340  
但这个医生呢  
  
550  
00:24:40,340 --> 00:24:41,220  
用了怎么办  
  
551  
00:24:41,220 --> 00:24:42,140  
叫反下肢  
  
552  
00:24:42,140 --> 00:24:43,620  
咱一看反字，咱就明白了吧  
  
553  
00:24:43,900 --> 00:24:45,470  
治错了啊  
  
554  
00:24:45,830 --> 00:24:48,910  
一反下之心下即脾，哎  
  
555  
00:24:49,030 --> 00:24:50,990  
于是乎，心下出现了什么  
  
556  
00:24:51,510 --> 00:24:54,420  
出现了脾正该怎么办呢  
  
557  
00:24:55,300 --> 00:24:59,020  
当先致其吐涎沫  
  
558  
00:25:00,510 --> 00:25:00,710  
哎  
  
559  
00:25:00,790 --> 00:25:04,610  
应该先治这个呃吐涎沫的问题  
  
560  
00:25:04,610 --> 00:25:06,810  
那么治吐涎沫咋治病  
  
561  
00:25:06,810 --> 00:25:08,130  
痰饮者当以温药和之  
  
562  
00:25:08,450 --> 00:25:10,010  
小青龙汤主之  
  
563  
00:25:10,450 --> 00:25:11,250  
哎，是吧  
  
564  
00:25:12,310 --> 00:25:15,150  
以温心下之弹弦，这个效果非常好啊  
  
565  
00:25:15,670 --> 00:25:19,030  
那么弦墨止乃至脾弦末没有了  
  
566  
00:25:19,350 --> 00:25:21,370  
弦末没有了，怎么办  
  
567  
00:25:23,250 --> 00:25:24,490  
再调这个脾症  
  
568  
00:25:24,530 --> 00:25:25,730  
脾正就泻心汤呗  
  
569  
00:25:26,140 --> 00:25:27,860  
啊，这没啥说的好  
  
570  
00:25:27,860 --> 00:25:32,540  
我们接着往下看原文第八条第八条特别的经典啊  
  
571  
00:25:32,820 --> 00:25:34,610  
特别的经典，呃  
  
572  
00:25:35,130 --> 00:25:35,850  
有一段话  
  
573  
00:25:37,690 --> 00:25:38,410  
妇人之病  
  
574  
00:25:39,030 --> 00:25:42,910  
那妇人之病指的这块主要说的是跟月经有关的啊  
  
575  
00:25:43,350 --> 00:25:45,910  
其实我们刚才说了很多很多都跟月经有关  
  
576  
00:25:45,990 --> 00:25:49,570  
比如说女子妇人热入血室，对吧  
  
577  
00:25:50,240 --> 00:25:50,440  
哎  
  
578  
00:25:50,520 --> 00:25:52,920  
那么它的表现很多也跟月经有关  
  
579  
00:25:53,360 --> 00:25:55,440  
我们在今天临床上你看有很多这个  
  
580  
00:25:55,600 --> 00:25:57,830  
比如说多囊卵巢综合征，哎  
  
581  
00:25:57,870 --> 00:26:00,510  
比如这个我们说子宫肌瘤  
  
582  
00:26:00,950 --> 00:26:01,630  
卵巢囊肿  
  
583  
00:26:02,430 --> 00:26:04,710  
呃，附件的这个站位等等吧  
  
584  
00:26:05,190 --> 00:26:09,300  
呃，甚至是这个宫宫颈癌啊  
  
585  
00:26:09,300 --> 00:26:10,940  
这个临床上也比较多见的啊  
  
586  
00:26:11,500 --> 00:26:14,700  
呃，很多跟这个都有相连啊  
  
587  
00:26:14,740 --> 00:26:16,060  
跟这个都有联系  
  
588  
00:26:17,380 --> 00:26:20,180  
再往下走，妇人治病因什么呢  
  
589  
00:26:21,480 --> 00:26:23,680  
虚积冷节气啊  
  
590  
00:26:23,800 --> 00:26:26,480  
这个其实是三个事  
  
591  
00:26:28,310 --> 00:26:30,590  
啊啊四个字四个是虚  
  
592  
00:26:31,430 --> 00:26:35,430  
一个积一个冷一个节气一个啊  
  
593  
00:26:37,620 --> 00:26:39,780  
虚就是虚劳积呢  
  
594  
00:26:41,370 --> 00:26:44,890  
呃，这块既可以是呃五脏之基  
  
595  
00:26:45,570 --> 00:26:47,290  
也可以是食饮对吧  
  
596  
00:26:47,730 --> 00:26:49,210  
哎，水谷食饮之基  
  
597  
00:26:54,820 --> 00:26:55,820  
阳气不温啊  
  
598  
00:26:55,940 --> 00:26:59,860  
阳气欠温，节气气节之症啊  
  
599  
00:27:00,770 --> 00:27:01,850  
那么造成什么  
  
600  
00:27:02,050 --> 00:27:05,140  
围猪经水断绝啊  
  
601  
00:27:05,260 --> 00:27:10,940  
净水锻炼就是如上所述的种种事都会造成例假  
  
602  
00:27:10,980 --> 00:27:11,780  
它就不来了  
  
603  
00:27:11,820 --> 00:27:13,260  
停经了，你叫闭经  
  
604  
00:27:13,260 --> 00:27:13,660  
对吧  
  
605  
00:27:14,270 --> 00:27:14,470  
哎  
  
606  
00:27:14,470 --> 00:27:15,590  
那么如上所说  
  
607  
00:27:15,590 --> 00:27:17,190  
这个事儿比如虚，能造成吧  
  
608  
00:27:18,020 --> 00:27:19,780  
食积五脏之机能造成吧  
  
609  
00:27:20,460 --> 00:27:22,580  
冷也宫寒，咱们讲可以吧  
  
610  
00:27:23,100 --> 00:27:24,780  
哎，节气气郁也行啊  
  
611  
00:27:25,300 --> 00:27:28,390  
那么造成例假不来，至有历年  
  
612  
00:27:29,110 --> 00:27:30,230  
那么哼  
  
613  
00:27:31,450 --> 00:27:31,850  
这个  
  
614  
00:27:33,970 --> 00:27:36,090  
很多年很多年之后造成什么呢  
  
615  
00:27:36,090 --> 00:27:36,490  
血寒  
  
616  
00:27:37,570 --> 00:27:38,890  
集结包门啊  
  
617  
00:27:38,970 --> 00:27:39,690  
集结包门  
  
618  
00:27:41,220 --> 00:27:43,220  
呃，那么这块断句吧  
  
619  
00:27:43,300 --> 00:27:44,420  
断法不一样啊  
  
620  
00:27:48,500 --> 00:27:50,460  
你可以断季节包门  
  
621  
00:27:50,620 --> 00:27:55,500  
然后海上经络，也可以在季节包门之后断都行啊  
  
622  
00:27:56,700 --> 00:27:58,060  
其实这个位置呢  
  
623  
00:27:58,060 --> 00:28:02,860  
都是对基结包门的这个问题的一个阐述  
  
624  
00:28:02,900 --> 00:28:04,020  
大家能看得出来  
  
625  
00:28:04,460 --> 00:28:04,660  
呃  
  
626  
00:28:04,740 --> 00:28:07,420  
这到季节包门，这就是一个总角  
  
627  
00:28:08,420 --> 00:28:10,220  
给你讲的，无外乎是这么一个事  
  
628  
00:28:10,220 --> 00:28:11,340  
就是例假必经  
  
629  
00:28:11,820 --> 00:28:13,380  
那么无外乎这四个事  
  
630  
00:28:14,020 --> 00:28:16,180  
虚积冷气节，对吧  
  
631  
00:28:16,600 --> 00:28:18,360  
那么这四个事就造成了闭经  
  
632  
00:28:18,360 --> 00:28:21,320  
造成必经之后，若干年之后就造成了血寒  
  
633  
00:28:21,600 --> 00:28:23,560  
血寒之后有机就结在了胞门  
  
634  
00:28:23,600 --> 00:28:26,210  
结在了整个我们这个包门  
  
635  
00:28:26,210 --> 00:28:27,330  
它就很大了，对吧  
  
636  
00:28:27,810 --> 00:28:33,380  
既包括子宫、卵巢附件、输卵管有形的  
  
637  
00:28:33,380 --> 00:28:33,940  
这个是啊  
  
638  
00:28:33,940 --> 00:28:36,900  
包括无形的胞脉，以及它衍生出来的冲任  
  
639  
00:28:36,900 --> 00:28:40,190  
督三脉的相关性都涵盖在内  
  
640  
00:28:40,670 --> 00:28:45,110  
那么哎，后头有一段非常非常精彩的论述  
  
641  
00:28:46,180 --> 00:28:47,580  
记41句啊  
  
642  
00:28:47,780 --> 00:28:49,180  
记41句，一个歌诀  
  
643  
00:28:49,620 --> 00:28:51,140  
四言非常精彩  
  
644  
00:28:51,900 --> 00:28:53,660  
讲寒伤经络  
  
645  
00:28:54,100 --> 00:28:55,100  
凝坚在上  
  
646  
00:28:55,900 --> 00:28:57,260  
呕吐涎唾  
  
647  
00:28:57,580 --> 00:28:58,660  
久成肺拥  
  
648  
00:28:59,470 --> 00:29:07,410  
形体损分在中盘结扰其寒颤或两胁疼痛与脏相连  
  
649  
00:29:07,770 --> 00:29:11,190  
或结热中痛，在关原脉络无窗  
  
650  
00:29:11,550 --> 00:29:16,280  
积弱于林，时着男子非指女身在下位  
  
651  
00:29:16,280 --> 00:29:19,010  
多惊侯，不允令  
  
652  
00:29:19,050 --> 00:29:21,290  
因彻痛，少腹恶寒  
  
653  
00:29:21,960 --> 00:29:25,560  
或因腰椎腰脊下根气结  
  
654  
00:29:26,160 --> 00:29:26,920  
气冲极痛  
  
655  
00:29:27,480 --> 00:29:28,600  
膝静腾烦  
  
656  
00:29:29,170 --> 00:29:30,210  
掩护玄茂  
  
657  
00:29:30,650 --> 00:29:32,050  
状若绝巅  
  
658  
00:29:32,730 --> 00:29:36,170  
或有幽惨，悲伤多嗔  
  
659  
00:29:36,810 --> 00:29:38,930  
此皆待下，非有鬼神  
  
660  
00:29:39,590 --> 00:29:41,470  
久则雷兽，脉虚多寒  
  
661  
00:29:41,670 --> 00:29:43,990  
36病，千变万端  
  
662  
00:29:44,400 --> 00:29:46,000  
审脉阴阳虚实  
  
663  
00:29:46,040 --> 00:29:49,000  
谨贤行其真，要至危得安  
  
664  
00:29:49,630 --> 00:29:52,710  
其虽同病麦各一，渊子当辩际  
  
665  
00:29:53,070 --> 00:29:54,110  
勿谓不然  
  
666  
00:29:54,840 --> 00:29:57,000  
这一段我个人认为啊  
  
667  
00:29:57,480 --> 00:30:02,820  
应该是一段古代的一个对角  
  
668  
00:30:03,100 --> 00:30:03,660  
明白了吧  
  
669  
00:30:03,860 --> 00:30:06,260  
就我们说这个古人讲究这个  
  
670  
00:30:06,460 --> 00:30:09,340  
有经有论有绝  
  
671  
00:30:09,660 --> 00:30:10,620  
它不一样的啊  
  
672  
00:30:18,740 --> 00:30:19,100  
呃  
  
673  
00:30:19,820 --> 00:30:21,820  
实话实说，你看内经是经对吧  
  
674  
00:30:21,820 --> 00:30:22,900  
难经也是精啊  
  
675  
00:30:23,420 --> 00:30:23,620  
呃  
  
676  
00:30:23,900 --> 00:30:26,900  
说句实话，我这话一说肯定有人冲我开炮  
  
677  
00:30:27,380 --> 00:30:28,660  
呃，但是无所谓啊  
  
678  
00:30:28,820 --> 00:30:29,780  
不在乎这事  
  
679  
00:30:30,600 --> 00:30:31,480  
说实话  
  
680  
00:30:31,960 --> 00:30:33,240  
伤寒论我们说经典  
  
681  
00:30:33,280 --> 00:30:36,840  
经典，是因为我本人也靠伤寒论吃饭  
  
682  
00:30:37,240 --> 00:30:40,240  
但是我们客观的说，仲景先师  
  
683  
00:30:40,970 --> 00:30:42,690  
你即使去问他本人  
  
684  
00:30:43,370 --> 00:30:45,730  
他也不能承认伤寒杂病论是经  
  
685  
00:30:46,770 --> 00:30:50,760  
伤寒杂病论你，你对  
  
686  
00:30:50,760 --> 00:30:56,360  
你非得跟他掰扯这事论是把经的很多东西要阐述  
  
687  
00:30:56,880 --> 00:30:57,640  
要落地  
  
688  
00:30:59,610 --> 00:31:01,810  
要推演，是这个道理吧  
  
689  
00:31:02,210 --> 00:31:05,770  
哎，要致用你等到角角啊  
  
690  
00:31:05,850 --> 00:31:09,950  
就是一些东西的俏药啊  
  
691  
00:31:09,990 --> 00:31:12,310  
一些纪要在里头非常的重要  
  
692  
00:31:12,710 --> 00:31:15,790  
这一段呢，其实大体上讲了这么几个事  
  
693  
00:31:15,790 --> 00:31:18,710  
你看他再上的时候，则我就不给你  
  
694  
00:31:18,870 --> 00:31:19,910  
我刚才都读一遍了  
  
695  
00:31:19,910 --> 00:31:20,910  
我就不赘述了啊  
  
696  
00:31:20,910 --> 00:31:21,670  
你自己回去看  
  
697  
00:31:21,670 --> 00:31:23,270  
我告诉你咋读这段  
  
698  
00:31:23,270 --> 00:31:25,730  
他说这么一个事，再上的问题呢  
  
699  
00:31:25,730 --> 00:31:26,850  
往往是冲脉不降  
  
700  
00:31:27,680 --> 00:31:31,560  
在中的问题，往往是人脉不通在下的问题呢  
  
701  
00:31:31,560 --> 00:31:33,640  
它体现了一个事，儿叫莫多  
  
702  
00:31:34,000 --> 00:31:35,680  
这个那个那个  
  
703  
00:31:39,460 --> 00:31:43,180  
这个呃，你看他这写是在下未多  
  
704  
00:31:43,220 --> 00:31:46,700  
其实这个魏是通末末是是是是  
  
705  
00:31:48,110 --> 00:31:49,830  
从那个形态上啊  
  
706  
00:31:50,870 --> 00:31:51,070  
哎  
  
707  
00:31:51,470 --> 00:31:56,310  
就是跟这个阴迎音跟业是相关啊  
  
708  
00:31:57,160 --> 00:31:58,080  
跟这个是相关  
  
709  
00:32:01,880 --> 00:32:05,080  
那么底下又延伸叫带下36病  
  
710  
00:32:05,640 --> 00:32:07,240  
带下36病忌什么呢  
  
711  
00:32:07,240 --> 00:32:09,400  
12正九痛七害，五伤三顾  
  
712  
00:32:09,870 --> 00:32:14,350  
出自于巢氏病原卷38你回去可以捋捋啊  
  
713  
00:32:14,990 --> 00:32:15,190  
呃  
  
714  
00:32:15,630 --> 00:32:17,630  
38那里头讲的很细  
  
715  
00:32:18,530 --> 00:32:19,370  
我就不发  
  
716  
00:32:19,490 --> 00:32:19,690  
嗯  
  
717  
00:32:19,730 --> 00:32:21,130  
不能给大家长篇大论了  
  
718  
00:32:21,130 --> 00:32:22,450  
啊对对，讲的很细  
  
719  
00:32:22,890 --> 00:32:24,650  
比如说他讲到12证呢  
  
720  
00:32:24,770 --> 00:32:27,010  
就说12正是讲的所下之物  
  
721  
00:32:27,550 --> 00:32:29,910  
就是就是女子带下下来的东西  
  
722  
00:32:30,470 --> 00:32:31,390  
医者如高  
  
723  
00:32:31,820 --> 00:32:32,980  
二者如青血  
  
724  
00:32:33,100 --> 00:32:33,980  
三者如子之  
  
725  
00:32:34,140 --> 00:32:35,100  
四者如赤皮  
  
726  
00:32:35,660 --> 00:32:37,180  
五者如农家  
  
727  
00:32:38,990 --> 00:32:39,950  
六者如豆之  
  
728  
00:32:40,310 --> 00:32:41,790  
七者如葵羹  
  
729  
00:32:42,660 --> 00:32:44,820  
八者如凝血  
  
730  
00:32:45,460 --> 00:32:47,700  
九者如清血血似水  
  
731  
00:32:48,300 --> 00:32:50,140  
十者如米之十  
  
732  
00:32:50,140 --> 00:32:52,180  
一者如月幻  
  
733  
00:32:52,760 --> 00:32:54,360  
十，二者如精气  
  
734  
00:32:54,440 --> 00:32:55,160  
不应其也  
  
735  
00:32:55,160 --> 00:32:55,280  
啊  
  
736  
00:32:55,280 --> 00:32:56,880  
他讲的就是例假呃  
  
737  
00:32:56,960 --> 00:33:01,800  
包括带下来的种种的这个呃血啊  
  
738  
00:33:02,280 --> 00:33:03,600  
不一样的这种状态  
  
739  
00:33:04,320 --> 00:33:05,750  
呃，潮湿病原呢  
  
740  
00:33:05,750 --> 00:33:06,990  
说的很细啊  
  
741  
00:33:07,030 --> 00:33:10,890  
关于这个，所谓的12正九痛七害五伤三顾啊  
  
742  
00:33:10,890 --> 00:33:11,970  
他都有论述  
  
743  
00:33:12,330 --> 00:33:14,570  
大家感兴趣可以看一看啊  
  
744  
00:33:15,250 --> 00:33:17,170  
那么36病千变万端  
  
745  
00:33:17,810 --> 00:33:18,930  
核心在于什么  
  
746  
00:33:19,570 --> 00:33:20,890  
审脉阴阳哈  
  
747  
00:33:21,330 --> 00:33:22,050  
虚实尽显  
  
748  
00:33:22,250 --> 00:33:23,290  
核心在于这个  
  
749  
00:33:24,200 --> 00:33:27,760  
所以你感兴趣的你还是可以把这句话画上  
  
750  
00:33:27,840 --> 00:33:29,400  
审脉阴阳虚实  
  
751  
00:33:29,440 --> 00:33:30,870  
谨贤啊  
  
752  
00:33:31,470 --> 00:33:35,750  
根儿还是在从脉上去断阴阳断虚实是不是啊  
  
753  
00:33:35,910 --> 00:33:36,190  
哎  
  
754  
00:33:36,990 --> 00:33:40,500  
这个就是他的内涵给大家说完了  
  
755  
00:33:41,500 --> 00:33:41,700  
呃  
  
756  
00:33:41,980 --> 00:33:46,480  
最后一张方温经汤，这个太经典了吧  
  
757  
00:33:46,480 --> 00:33:47,120  
同学们是吧  
  
758  
00:33:47,680 --> 00:33:47,880  
哎  
  
759  
00:33:47,880 --> 00:33:51,950  
咱们临床上也经常会用到，呃温经汤的原文  
  
760  
00:33:51,990 --> 00:33:53,510  
他讲了一个什么事啊  
  
761  
00:33:54,390 --> 00:33:55,470  
第九条问曰  
  
762  
00:33:56,230 --> 00:33:58,440  
病人年50，好了  
  
763  
00:33:58,640 --> 00:34:00,200  
这个51说呀  
  
764  
00:34:00,520 --> 00:34:01,320  
里头有事儿了  
  
765  
00:34:02,240 --> 00:34:02,880  
有啥事  
  
766  
00:34:03,520 --> 00:34:05,040  
他为啥要强调一下50  
  
767  
00:34:07,620 --> 00:34:09,020  
47不行吗  
  
768  
00:34:09,900 --> 00:34:10,780  
55不行吗  
  
769  
00:34:12,260 --> 00:34:15,590  
他会说什么所谓女子啊  
  
770  
00:34:16,110 --> 00:34:17,190  
男子八八为妻  
  
771  
00:34:17,230 --> 00:34:18,429  
女子七七为妻，对吧  
  
772  
00:34:18,989 --> 00:34:20,429  
七七天癸竭，地道不通  
  
773  
00:34:21,239 --> 00:34:22,560  
他就会说这么个事啊  
  
774  
00:34:23,199 --> 00:34:26,239  
那么在这个时候主一个什么主一个虚  
  
775  
00:34:27,170 --> 00:34:27,690  
没错吧  
  
776  
00:34:28,210 --> 00:34:31,290  
他提到这个时候就是说天癸以劫地道已不通  
  
777  
00:34:31,489 --> 00:34:36,650  
那么重点要说的这个人现在是一个什么一个虚人啊  
  
778  
00:34:36,650 --> 00:34:37,370  
一个虚人  
  
779  
00:34:40,060 --> 00:34:41,500  
既然已经虚了  
  
780  
00:34:41,500 --> 00:34:44,020  
那么很多问题就暴露出来了啊  
  
781  
00:34:44,060 --> 00:34:44,659  
暴露出来了  
  
782  
00:34:44,659 --> 00:34:47,219  
我们说人过巳时啊  
  
783  
00:34:47,219 --> 00:34:49,300  
因七自办，那到年50呢  
  
784  
00:34:49,580 --> 00:34:51,260  
天癸节，呃  
  
785  
00:34:54,900 --> 00:34:57,020  
锁病夏利日数10日不止  
  
786  
00:34:57,020 --> 00:34:58,580  
这个人突然得了个什么病呢  
  
787  
00:34:59,020 --> 00:35:00,820  
得了个拉肚子的病  
  
788  
00:35:03,300 --> 00:35:05,540  
而且一拉呀，拉了叫数10日  
  
789  
00:35:05,700 --> 00:35:07,620  
那就是起码得俩月开外吧  
  
790  
00:35:07,620 --> 00:35:07,980  
对吧  
  
791  
00:35:08,340 --> 00:35:08,500  
哎  
  
792  
00:35:08,500 --> 00:35:09,300  
就这种状态  
  
793  
00:35:09,780 --> 00:35:11,300  
而且木则发热  
  
794  
00:35:11,820 --> 00:35:14,780  
就是一到晚上就发热，证明一个问题  
  
795  
00:35:15,300 --> 00:35:18,980  
这个邪是入的是阴还是阳啊  
  
796  
00:35:19,580 --> 00:35:21,540  
阴分入的是迎还是气啊  
  
797  
00:35:22,500 --> 00:35:23,940  
赢分是不是这个道理啊  
  
798  
00:35:24,340 --> 00:35:24,540  
哎  
  
799  
00:35:24,540 --> 00:35:25,580  
咱伪份还是赢分啊  
  
800  
00:35:25,580 --> 00:35:26,780  
肯定就入的营份啊  
  
801  
00:35:27,500 --> 00:35:27,900  
那么  
  
802  
00:35:29,160 --> 00:35:29,360  
哎  
  
803  
00:35:29,680 --> 00:35:30,280  
与此同时  
  
804  
00:35:30,280 --> 00:35:32,000  
少腹里脊肚子疼，腹满对吧  
  
805  
00:35:33,000 --> 00:35:33,920  
手掌烦热  
  
806  
00:35:34,240 --> 00:35:34,880  
唇口干燥  
  
807  
00:35:34,920 --> 00:35:36,600  
何也那么有这几个症  
  
808  
00:35:37,360 --> 00:35:38,280  
呃话说呀  
  
809  
00:35:38,480 --> 00:35:42,510  
其实温经汤的临证就特别简单  
  
810  
00:35:42,630 --> 00:35:43,990  
你就盯住这几个事  
  
811  
00:35:44,310 --> 00:35:47,030  
仲景都告诉你了，到晚上发热  
  
812  
00:35:47,230 --> 00:35:48,030  
你捋捋啊  
  
813  
00:35:48,030 --> 00:35:50,190  
你捋捋这个就是教你咋临床的啊  
  
814  
00:35:50,550 --> 00:35:54,510  
手把手的教到晚上发热有没有这个症状  
  
815  
00:35:54,510 --> 00:35:56,950  
你回头看患者有没有这个症状  
  
816  
00:35:57,280 --> 00:36:00,920  
就它不一定发热到晚上烦躁也也也行，明白了吧  
  
817  
00:36:01,200 --> 00:36:02,560  
哎，就热入赢了啊  
  
818  
00:36:03,400 --> 00:36:05,000  
少妇里脊肚子疼，腹满  
  
819  
00:36:06,080 --> 00:36:06,840  
有没有啊  
  
820  
00:36:08,840 --> 00:36:12,160  
有没有这个手掌的烦热，五心烦热吗  
  
821  
00:36:12,920 --> 00:36:15,320  
有没有唇口干，这是几个呀  
  
822  
00:36:15,320 --> 00:36:16,920  
你看发热  
  
823  
00:36:17,740 --> 00:36:20,100  
少妇的疼痛，对吧  
  
824  
00:36:20,780 --> 00:36:22,020  
手掌的烦热  
  
825  
00:36:22,460 --> 00:36:26,820  
唇口的干燥这四个但凡有，你就温经堂吧  
  
826  
00:36:28,330 --> 00:36:30,050  
别说老师没教你咋用啊  
  
827  
00:36:30,090 --> 00:36:32,410  
就是就这个特别简单啊  
  
828  
00:36:32,410 --> 00:36:33,570  
文静堂其实特别简单  
  
829  
00:36:34,010 --> 00:36:34,170  
呃  
  
830  
00:36:34,170 --> 00:36:35,170  
但是我用呢  
  
831  
00:36:35,170 --> 00:36:38,330  
其实还是喜欢用脉象啊，呃  
  
832  
00:36:38,330 --> 00:36:39,330  
从脉象可以断  
  
833  
00:36:39,370 --> 00:36:40,850  
但那个需要一定的技巧  
  
834  
00:36:41,450 --> 00:36:41,650  
呃  
  
835  
00:36:42,170 --> 00:36:43,690  
脉象咋断，我给你讲道理  
  
836  
00:36:43,690 --> 00:36:44,770  
道理通了你就懂了  
  
837  
00:36:45,330 --> 00:36:47,290  
那么温经汤必须有两点啊  
  
838  
00:36:47,330 --> 00:36:48,770  
温经汤汤症必须有两点  
  
839  
00:36:48,770 --> 00:36:49,210  
第一  
  
840  
00:36:49,470 --> 00:36:51,590  
我们刚才讲了天癸已竭，地道不通  
  
841  
00:36:51,590 --> 00:36:51,910  
对吧  
  
842  
00:36:52,270 --> 00:36:55,630  
他一定得是有这种呃元真天鬼的  
  
843  
00:36:55,630 --> 00:36:57,960  
这个这个消耗损耗在里头  
  
844  
00:36:57,960 --> 00:36:58,960  
首先他是一个虚人  
  
845  
00:36:59,560 --> 00:37:01,320  
第二他不光虚  
  
846  
00:37:01,950 --> 00:37:03,510  
光绪其实好办是吧  
  
847  
00:37:03,510 --> 00:37:03,870  
光绪  
  
848  
00:37:03,870 --> 00:37:05,310  
那咱们有太多办法了  
  
849  
00:37:05,950 --> 00:37:07,550  
就怕虚中有余啊  
  
850  
00:37:08,310 --> 00:37:08,510  
哎  
  
851  
00:37:08,510 --> 00:37:09,510  
因为人家说了  
  
852  
00:37:10,770 --> 00:37:11,290  
何以故  
  
853  
00:37:11,330 --> 00:37:13,890  
你看此病待下，此病属待下  
  
854  
00:37:13,890 --> 00:37:14,330  
何以故  
  
855  
00:37:14,450 --> 00:37:18,450  
说了曾经半产看没看见曾经有小产  
  
856  
00:37:19,300 --> 00:37:23,180  
有小产之后造成啥样淤血，再少妇不去  
  
857  
00:37:25,320 --> 00:37:26,600  
那么怎么体现淤血  
  
858  
00:37:26,600 --> 00:37:28,680  
再少府不去唇口干燥  
  
859  
00:37:29,980 --> 00:37:30,580  
我们说啊  
  
860  
00:37:30,660 --> 00:37:34,340  
但遇朔水而不遇淹伤寒论也有论述吧  
  
861  
00:37:34,700 --> 00:37:35,980  
哎，在这里头也有啊  
  
862  
00:37:36,460 --> 00:37:39,340  
那么口燥唇干这个时候呢  
  
863  
00:37:40,570 --> 00:37:42,330  
就说明呃  
  
864  
00:37:44,160 --> 00:37:48,000  
就是知道了有这个事，当以什么主之呢  
  
865  
00:37:48,240 --> 00:37:50,560  
叫温经汤主治啊  
  
866  
00:37:50,600 --> 00:37:51,600  
应该用温经汤  
  
867  
00:37:55,600 --> 00:37:59,400  
呃，那么关于温经汤的  
  
868  
00:38:00,980 --> 00:38:03,500  
脉症就刚才跟大家说就这四点  
  
869  
00:38:04,380 --> 00:38:05,380  
腹痛发热  
  
870  
00:38:06,840 --> 00:38:07,560  
五心烦热  
  
871  
00:38:07,920 --> 00:38:08,800  
唇口干燥，对吧  
  
872  
00:38:09,840 --> 00:38:10,240  
哎  
  
873  
00:38:11,210 --> 00:38:12,410  
至于他的病机  
  
874  
00:38:12,570 --> 00:38:14,370  
病机，也就是我认为什么是病机  
  
875  
00:38:14,370 --> 00:38:15,930  
病机就是体现脉象了  
  
876  
00:38:16,790 --> 00:38:18,750  
这里头一定有虚有虚  
  
877  
00:38:20,040 --> 00:38:23,680  
那你说老师到底哪部卖这个吧  
  
878  
00:38:23,880 --> 00:38:26,040  
我可以，我可以跟你讲啊  
  
879  
00:38:26,080 --> 00:38:30,460  
但是说呃，你不能死于俱下  
  
880  
00:38:30,580 --> 00:38:32,020  
你不能就盯着我这句话啊  
  
881  
00:38:32,820 --> 00:38:33,420  
咋回事  
  
882  
00:38:33,580 --> 00:38:36,740  
一般温经汤的脉下焦都是有淤血之枪  
  
883  
00:38:38,060 --> 00:38:40,220  
一般左关脉会比较弱  
  
884  
00:38:41,080 --> 00:38:42,320  
你就记住这个事啊  
  
885  
00:38:42,400 --> 00:38:46,000  
就是这个是它的相对来说比较实用的一个眼目吧  
  
886  
00:38:46,320 --> 00:38:47,880  
哎，你到临床上体会体会  
  
887  
00:38:49,140 --> 00:38:52,320  
呃，这张方的方逸有很多人说呢  
  
888  
00:38:52,320 --> 00:38:54,880  
说他是从比如说吴竹鱼汤啊  
  
889  
00:38:55,640 --> 00:38:56,720  
或者是麦门冬汤啊  
  
890  
00:38:56,720 --> 00:38:59,240  
他都能连上，我个人啊  
  
891  
00:38:59,720 --> 00:39:02,040  
体会，可能这个角度比较奇怪  
  
892  
00:39:02,880 --> 00:39:06,240  
我认为他跟谁比较像呢  
  
893  
00:39:06,560 --> 00:39:08,560  
炙甘草汤啊  
  
894  
00:39:08,560 --> 00:39:09,560  
这是我个人观点啊  
  
895  
00:39:09,640 --> 00:39:10,920  
就跟炙甘草汤特别像  
  
896  
00:39:11,160 --> 00:39:11,960  
甚至是你  
  
897  
00:39:11,960 --> 00:39:14,640  
你跟我学完之后，温经汤你不用背放歌了啊  
  
898  
00:39:14,920 --> 00:39:16,400  
我给你讲完你就会了  
  
899  
00:39:16,840 --> 00:39:17,880  
你不用背放歌了  
  
900  
00:39:18,200 --> 00:39:20,280  
那么温经汤这几味药，呃  
  
901  
00:39:20,680 --> 00:39:23,120  
张尹安先师，他说过一句话  
  
902  
00:39:23,680 --> 00:39:23,960  
嗯  
  
903  
00:39:24,820 --> 00:39:28,580  
他说这么一句话，营卫精血始于下焦啊  
  
904  
00:39:28,580 --> 00:39:29,780  
但这句话我加工了啊  
  
905  
00:39:29,860 --> 00:39:30,780  
我给大家，我  
  
906  
00:39:30,780 --> 00:39:31,260  
我在这  
  
907  
00:39:31,260 --> 00:39:32,460  
我插一句话  
  
908  
00:39:33,200 --> 00:39:35,840  
我很多时候说某个古代先师的话呢  
  
909  
00:39:36,480 --> 00:39:38,720  
你我就会告诉你，他说这么一个事  
  
910  
00:39:38,720 --> 00:39:42,120  
儿，我有的时候引文我不是逐字引的  
  
911  
00:39:42,200 --> 00:39:44,960  
我可能中间有漏字或者跳，呃  
  
912  
00:39:45,400 --> 00:39:46,320  
没有人提啊  
  
913  
00:39:46,320 --> 00:39:47,000  
这事没有人提  
  
914  
00:39:47,000 --> 00:39:48,360  
但是我得跟你说一下  
  
915  
00:39:48,830 --> 00:39:50,830  
为什么我就会给大家讲明白  
  
916  
00:39:50,830 --> 00:39:51,870  
朗朗上口就行了  
  
917  
00:39:51,870 --> 00:39:52,870  
因为古人有的时候  
  
918  
00:39:52,870 --> 00:39:56,140  
他讲这段话不是为我们这个课来服务的啊  
  
919  
00:39:56,620 --> 00:39:58,580  
但是它能说明我们这课的问题  
  
920  
00:39:58,900 --> 00:40:00,820  
所以有些东西你自己去往里找  
  
921  
00:40:01,200 --> 00:40:05,190  
我的建议就是你除了听我的课，是我给你讲的  
  
922  
00:40:05,190 --> 00:40:06,910  
目的是给你转述  
  
923  
00:40:07,670 --> 00:40:09,550  
转述不如自己看一看啊  
  
924  
00:40:09,950 --> 00:40:15,390  
我真的就是劝大家以我的课呀  
  
925  
00:40:15,390 --> 00:40:16,670  
你可能作为一个契机  
  
926  
00:40:17,110 --> 00:40:19,710  
你要多去亲自读一读古人书  
  
927  
00:40:19,710 --> 00:40:20,430  
你别光是  
  
928  
00:40:20,550 --> 00:40:21,110  
你听啊  
  
929  
00:40:21,110 --> 00:40:23,870  
反正我听张老师说完了，我就不用看了  
  
930  
00:40:23,950 --> 00:40:25,150  
那不一样知道吗  
  
931  
00:40:25,150 --> 00:40:26,590  
你自己看不一样啊  
  
932  
00:40:27,720 --> 00:40:29,720  
这话就说营卫精血始于下焦  
  
933  
00:40:30,000 --> 00:40:30,680  
下焦是谁啊  
  
934  
00:40:30,680 --> 00:40:32,240  
就是足少阴肾吧，对吧  
  
935  
00:40:32,960 --> 00:40:33,920  
呃，生于中焦  
  
936  
00:40:33,960 --> 00:40:34,600  
中焦是谁啊  
  
937  
00:40:34,640 --> 00:40:37,160  
足阳明属于上焦  
  
938  
00:40:37,280 --> 00:40:38,400  
上焦为手少阴  
  
939  
00:40:38,640 --> 00:40:39,280  
你看啊  
  
940  
00:40:39,720 --> 00:40:42,120  
一个下头有肾，上头有心  
  
941  
00:40:42,720 --> 00:40:44,000  
心肾之间有个胃  
  
942  
00:40:45,090 --> 00:40:45,730  
看到了没有  
  
943  
00:40:46,330 --> 00:40:51,010  
所以延安先师，他理解这个方啊  
  
944  
00:40:51,050 --> 00:40:52,890  
用药，我这个就是拍案叫绝  
  
945  
00:40:53,290 --> 00:40:54,050  
看完之后  
  
946  
00:40:55,010 --> 00:40:58,170  
呃，别人的东西几乎就看不进去了啊  
  
947  
00:40:58,170 --> 00:40:59,730  
这个东西有的时候，嗯  
  
948  
00:40:59,810 --> 00:41:02,410  
真的没有任何一位老师吧  
  
949  
00:41:02,410 --> 00:41:04,890  
就是你，你是可以说他面面俱到  
  
950  
00:41:04,890 --> 00:41:05,810  
我个人认为啊  
  
951  
00:41:06,230 --> 00:41:08,950  
呃，也不必由此强求啊  
  
952  
00:41:08,950 --> 00:41:12,510  
我们任何老师给我们哪怕一句话，哪怕一字之师  
  
953  
00:41:12,630 --> 00:41:17,290  
我们从内心呢是有一个这个恭敬感恩的心态啊  
  
954  
00:41:17,290 --> 00:41:18,530  
你不要去对比啊  
  
955  
00:41:18,530 --> 00:41:19,770  
你说哪个老师讲的好  
  
956  
00:41:19,770 --> 00:41:22,210  
哪个老师差一点，或者他这讲的不行  
  
957  
00:41:22,770 --> 00:41:26,330  
呃，这个我说的可能有点过了啊  
  
958  
00:41:26,370 --> 00:41:27,530  
反正是呃  
  
959  
00:41:28,090 --> 00:41:29,250  
因为都是我自己学生  
  
960  
00:41:29,290 --> 00:41:32,940  
虽然网上他们也能听古人有句老话啊  
  
961  
00:41:32,940 --> 00:41:36,970  
现在我们教育就是有很多话都很敏感的，不能提  
  
962  
00:41:37,290 --> 00:41:38,810  
但这我说这是古人的话  
  
963  
00:41:38,810 --> 00:41:40,570  
我就拿它说说说事  
  
964  
00:41:40,940 --> 00:41:42,900  
古人有个说法叫奴主之相  
  
965  
00:41:43,380 --> 00:41:44,260  
知道啥概念吗  
  
966  
00:41:44,300 --> 00:41:45,620  
奴就是奴仆对吧  
  
967  
00:41:45,820 --> 00:41:46,620  
主是主人  
  
968  
00:41:47,140 --> 00:41:48,660  
奴主之相什么特点  
  
969  
00:41:49,710 --> 00:41:52,630  
奴相的特点就是专挑不好  
  
970  
00:41:53,230 --> 00:41:54,470  
哎，这菜炒的不行  
  
971  
00:41:54,830 --> 00:41:55,750  
这不行那不行  
  
972  
00:41:56,670 --> 00:41:59,030  
正常主相是什么  
  
973  
00:41:59,270 --> 00:42:02,050  
在哪儿都能看到好处，明白啥了吗  
  
974  
00:42:02,370 --> 00:42:03,570  
哎，奴主之别  
  
975  
00:42:03,650 --> 00:42:07,210  
古人是古人所说的价值观啊，各位不一定全对  
  
976  
00:42:08,590 --> 00:42:10,670  
但是我觉得有一定道理啊  
  
977  
00:42:11,390 --> 00:42:13,310  
不好谁都能看见  
  
978  
00:42:14,230 --> 00:42:14,950  
你该咋办  
  
979  
00:42:15,350 --> 00:42:16,510  
你把它改变啊  
  
980  
00:42:16,930 --> 00:42:19,050  
你把他变好，你不就是人主了吗  
  
981  
00:42:19,490 --> 00:42:20,610  
你明白我这个道理了吧  
  
982  
00:42:21,010 --> 00:42:22,770  
哎，你始终在吐槽这不好那不好  
  
983  
00:42:22,770 --> 00:42:23,930  
那你只能给人家  
  
984  
00:42:25,450 --> 00:42:26,610  
去去去去，对吧  
  
985  
00:42:26,610 --> 00:42:28,410  
你这说白了，那没办法呀  
  
986  
00:42:29,010 --> 00:42:30,490  
哎，这个我讲深了啊  
  
987  
00:42:30,490 --> 00:42:33,350  
但是呃，发心是好的啊  
  
988  
00:42:33,550 --> 00:42:34,990  
希望大家做学问的时候  
  
989  
00:42:35,870 --> 00:42:38,670  
不能你带着一一个奴像去做学问  
  
990  
00:42:39,310 --> 00:42:41,830  
那样你接的都是垃圾，知道吗  
  
991  
00:42:41,910 --> 00:42:43,750  
诶，接收的都是不良信息啊  
  
992  
00:42:43,750 --> 00:42:45,150  
就这个也不行，那个不行  
  
993  
00:42:45,150 --> 00:42:47,130  
好了，你看看什么  
  
994  
00:42:47,130 --> 00:42:51,470  
我们本着一个古人讲的净胜不败，恭甚之心  
  
995  
00:42:51,510 --> 00:42:51,830  
对吧  
  
996  
00:42:51,830 --> 00:42:55,790  
一个一个一个敬慎之心进去看他啊  
  
997  
00:42:56,430 --> 00:42:59,310  
告诉我一句话，真的发不是装的  
  
998  
00:42:59,510 --> 00:43:00,510  
发自内心去感恩  
  
999  
00:43:01,030 --> 00:43:02,910  
有的人不会不会怎么办练  
  
1000  
00:43:04,740 --> 00:43:07,140  
从哪练生活之中去练啊  
  
1001  
00:43:07,540 --> 00:43:09,420  
我们做君子不做小人知道吗  
  
1002  
00:43:09,740 --> 00:43:10,460  
小人什么特点  
  
1003  
00:43:10,460 --> 00:43:12,840  
小人就看别人好，他不行啊  
  
1004  
00:43:13,320 --> 00:43:13,960  
君子是什么  
  
1005  
00:43:13,960 --> 00:43:16,760  
看别人好，他真的是觉得好啊  
  
1006  
00:43:17,280 --> 00:43:19,000  
发自内心的不是装出来的啊  
  
1007  
00:43:19,470 --> 00:43:20,310  
有的人不理解  
  
1008  
00:43:20,310 --> 00:43:21,710  
理解不了，说这怎么可能呢  
  
1009  
00:43:22,390 --> 00:43:24,590  
那你理解不了不代表别人也这样啊  
  
1010  
00:43:24,870 --> 00:43:25,430  
我告诉你  
  
1011  
00:43:25,830 --> 00:43:28,630  
呃，你从人的发展和运气来看  
  
1012  
00:43:29,830 --> 00:43:31,350  
播阴取阳吧，同学们  
  
1013  
00:43:32,480 --> 00:43:34,200  
往阳走，别往阴走啊你  
  
1014  
00:43:34,200 --> 00:43:38,560  
你一时高下看不出来一时的好坏，荣枯看不出来  
  
1015  
00:43:38,920 --> 00:43:40,000  
你从长远看  
  
1016  
00:43:40,780 --> 00:43:40,980  
哎  
  
1017  
00:43:41,180 --> 00:43:42,940  
做君子吧，对你自己好啊  
  
1018  
00:43:43,020 --> 00:43:44,660  
我就说这个道理，你  
  
1019  
00:43:44,660 --> 00:43:45,580  
你要一开始不行  
  
1020  
00:43:45,580 --> 00:43:48,400  
你硬逼着自己练练  
  
1021  
00:43:48,760 --> 00:43:50,280  
练一段时间慢慢就行了啊  
  
1022  
00:43:50,760 --> 00:43:51,120  
行了  
  
1023  
00:43:51,120 --> 00:43:52,760  
其实这个我说的这个方法不究竟  
  
1024  
00:43:53,080 --> 00:43:57,270  
真正的好的方法是你换位多去多去替别人想  
  
1025  
00:43:57,590 --> 00:43:59,070  
把事情的原理  
  
1026  
00:43:59,150 --> 00:44:00,350  
事物的原理想通  
  
1027  
00:44:00,660 --> 00:44:02,860  
你发一个心盼着别人好的时候  
  
1028  
00:44:02,860 --> 00:44:04,220  
这个能量是有反馈的  
  
1029  
00:44:04,660 --> 00:44:06,100  
反馈回来之后对谁好啊  
  
1030  
00:44:06,460 --> 00:44:08,940  
对你自己好，你怕别人坏  
  
1031  
00:44:09,490 --> 00:44:11,490  
你这个发出一个新这个信号源  
  
1032  
00:44:11,570 --> 00:44:14,530  
它也有反射的反射回来，反射给谁啊  
  
1033  
00:44:14,690 --> 00:44:15,810  
还是反射给你自己吗  
  
1034  
00:44:16,090 --> 00:44:17,850  
你有很多问题，我告诉你  
  
1035  
00:44:18,470 --> 00:44:19,910  
没有坏人啊  
  
1036  
00:44:20,430 --> 00:44:23,070  
坏人都是认知不够的  
  
1037  
00:44:23,070 --> 00:44:26,570  
人人都是盼着自己好的吧  
  
1038  
00:44:26,950 --> 00:44:28,190  
没有盼着自己不好的吧  
  
1039  
00:44:28,430 --> 00:44:29,830  
我真没见过那样的人啊  
  
1040  
00:44:29,830 --> 00:44:32,510  
就是说我就盼着我就就就就倒霉对吧  
  
1041  
00:44:32,910 --> 00:44:35,060  
往坏了走就是，哎  
  
1042  
00:44:36,580 --> 00:44:38,710  
没有人都盼着自己好  
  
1043  
00:44:39,110 --> 00:44:41,510  
但为啥人有的混得好越混越好  
  
1044  
00:44:41,510 --> 00:44:42,910  
有的人混的越混越不好  
  
1045  
00:44:43,270 --> 00:44:44,910  
不好的人包括所谓的坏人  
  
1046  
00:44:45,310 --> 00:44:48,630  
他是对这个世界的运行规则的原理不明白  
  
1047  
00:44:49,300 --> 00:44:52,500  
只有被原理障碍的人没有坏人，明白了吗  
  
1048  
00:44:52,780 --> 00:44:54,020  
他就觉得我本能觉得  
  
1049  
00:44:54,020 --> 00:44:56,610  
反正我呃，就是损人利己了  
  
1050  
00:44:56,610 --> 00:44:57,250  
我就开心  
  
1051  
00:44:57,690 --> 00:44:59,530  
呃，其实他不知道他损的是自己  
  
1052  
00:44:59,650 --> 00:45:01,130  
他只是没明白这个原理  
  
1053  
00:45:01,540 --> 00:45:01,780  
哎  
  
1054  
00:45:01,780 --> 00:45:03,940  
没超过这个这个维度的问题啊  
  
1055  
00:45:03,940 --> 00:45:04,780  
在这说多了啊  
  
1056  
00:45:04,820 --> 00:45:06,660  
所以再给大家还原回来  
  
1057  
00:45:07,420 --> 00:45:11,390  
那么张岩先生，我为啥想到他呢  
  
1058  
00:45:11,390 --> 00:45:16,820  
就是你千万不要期盼着我要读一部古人的注释  
  
1059  
00:45:16,940 --> 00:45:18,420  
这部注释就是完美的  
  
1060  
00:45:19,660 --> 00:45:22,140  
所有好的都是最好，都是他说的  
  
1061  
00:45:23,550 --> 00:45:24,590  
他说的都好  
  
1062  
00:45:25,610 --> 00:45:26,610  
他说的没有不好  
  
1063  
00:45:27,370 --> 00:45:28,490  
别人说的都不行  
  
1064  
00:45:28,810 --> 00:45:31,410  
你不要盼着这个事儿古代啊  
  
1065  
00:45:32,610 --> 00:45:34,410  
这个历代的一家  
  
1066  
00:45:38,360 --> 00:45:40,680  
注释这个我们讲伤寒论  
  
1067  
00:45:41,000 --> 00:45:44,920  
真的是尺有所短，寸有所长啊  
  
1068  
00:45:45,560 --> 00:45:46,480  
呃，说到这呢  
  
1069  
00:45:46,480 --> 00:45:46,840  
这个  
  
1070  
00:45:48,000 --> 00:45:49,360  
我的这个伤寒要语啊  
  
1071  
00:45:49,360 --> 00:45:51,460  
也快呃，问世了  
  
1072  
00:45:51,500 --> 00:45:55,060  
大概7月份这两天正跟他们订这个呃  
  
1073  
00:45:55,620 --> 00:45:56,620  
很多细节啊  
  
1074  
00:45:56,620 --> 00:45:58,260  
包括前言等很多东西  
  
1075  
00:45:58,850 --> 00:45:59,050  
嗯  
  
1076  
00:45:59,250 --> 00:46:00,210  
也很快了  
  
1077  
00:46:01,750 --> 00:46:04,190  
在那个序言里头呢，我写了一首诗  
  
1078  
00:46:04,510 --> 00:46:05,310  
大家还记得啊  
  
1079  
00:46:05,310 --> 00:46:07,390  
我可以起个名叫走马赋啊  
  
1080  
00:46:07,390 --> 00:46:09,750  
或者走马走马歌都行，无所谓  
  
1081  
00:46:10,280 --> 00:46:11,480  
呃，最后有一句话  
  
1082  
00:46:12,790 --> 00:46:14,790  
一卷推开千峰秀  
  
1083  
00:46:16,150 --> 00:46:18,830  
三指拨下万年春  
  
1084  
00:46:20,130 --> 00:46:21,970  
什么叫一卷推开千峰秀  
  
1085  
00:46:22,930 --> 00:46:26,290  
给大家解释一下伤寒一卷打开之后  
  
1086  
00:46:27,840 --> 00:46:29,360  
有千峰之秀丽  
  
1087  
00:46:30,560 --> 00:46:32,000  
历代前传后教  
  
1088  
00:46:32,280 --> 00:46:34,630  
历代宗师，不可胜数  
  
1089  
00:46:34,630 --> 00:46:35,070  
知道吗  
  
1090  
00:46:35,470 --> 00:46:38,430  
哎，就是甚至有很多人他没有著书立说  
  
1091  
00:46:38,470 --> 00:46:40,750  
他也没有机会这个去写一部书  
  
1092  
00:46:40,750 --> 00:46:42,430  
甚至写了书他也没有机会传承  
  
1093  
00:46:43,120 --> 00:46:44,680  
比如说我们过去说这个  
  
1094  
00:46:45,000 --> 00:46:45,200  
呃  
  
1095  
00:46:45,440 --> 00:46:48,160  
本草成芽半季，它为啥叫本草成雅半季呀  
  
1096  
00:46:48,560 --> 00:46:52,300  
家里失火，历时30年的心血就被一把火烧没了  
  
1097  
00:46:52,540 --> 00:46:55,190  
最后风烛残年，他只能提笔  
  
1098  
00:46:55,350 --> 00:46:57,070  
只能想起一半来，对吧  
  
1099  
00:46:57,430 --> 00:46:58,630  
很多东西能留下来  
  
1100  
00:46:58,830 --> 00:47:00,910  
能让我们今天能看到非常的不易  
  
1101  
00:47:01,090 --> 00:47:04,730  
我们在内心里就无比的感恩古人一句话留到今天  
  
1102  
00:47:04,730 --> 00:47:06,090  
你知道有多难吗  
  
1103  
00:47:06,090 --> 00:47:06,730  
同学们啊  
  
1104  
00:47:06,970 --> 00:47:09,490  
非常难不能有不恭敬之心啊  
  
1105  
00:47:09,920 --> 00:47:10,880  
即使他说的不对  
  
1106  
00:47:10,880 --> 00:47:11,600  
他说的不好  
  
1107  
00:47:11,960 --> 00:47:14,680  
就像你家老人那那那那  
  
1108  
00:47:14,680 --> 00:47:17,730  
他有的东西他给不了你  
  
1109  
00:47:17,730 --> 00:47:18,690  
那你还埋怨他吗  
  
1110  
00:47:18,690 --> 00:47:20,010  
我们说这个道理是不是啊  
  
1111  
00:47:20,330 --> 00:47:20,610  
哎  
  
1112  
00:47:20,780 --> 00:47:21,580  
同理啊  
  
1113  
00:47:21,660 --> 00:47:22,620  
同理，人同此心  
  
1114  
00:47:22,620 --> 00:47:23,260  
心同此理  
  
1115  
00:47:23,580 --> 00:47:24,580  
那么呃  
  
1116  
00:47:24,780 --> 00:47:29,000  
没有任何一个住家是完美的啊  
  
1117  
00:47:30,440 --> 00:47:32,640  
所以你要是先守住一家  
  
1118  
00:47:32,720 --> 00:47:34,480  
先看看出东西之后  
  
1119  
00:47:34,710 --> 00:47:36,470  
你就像拜师访学似的  
  
1120  
00:47:36,830 --> 00:47:39,630  
你再上别人家再看看，是这个道理吧  
  
1121  
00:47:40,070 --> 00:47:40,910  
呃，是这道理吧  
  
1122  
00:47:40,910 --> 00:47:41,830  
这非常好啊  
  
1123  
00:47:42,120 --> 00:47:45,200  
所以引安先是这句话我认为是最究竟的  
  
1124  
00:47:45,200 --> 00:47:46,760  
他解释这个方最究竟的  
  
1125  
00:47:47,040 --> 00:47:50,190  
首先，茱萸桂枝阿胶  
  
1126  
00:47:50,430 --> 00:47:52,190  
你看我一下想到炙甘草汤了  
  
1127  
00:47:52,190 --> 00:47:52,470  
对吧  
  
1128  
00:47:53,150 --> 00:47:55,100  
干嘛，行心气  
  
1129  
00:47:55,300 --> 00:47:57,260  
行心气其实用我的话来说就比较简单  
  
1130  
00:47:57,260 --> 00:47:58,260  
就降心气  
  
1131  
00:47:58,660 --> 00:48:01,060  
把心气下降，心气下降才能交肾水吧  
  
1132  
00:48:01,860 --> 00:48:03,060  
你看还有啊  
  
1133  
00:48:04,480 --> 00:48:06,200  
桂芍丹皮，干嘛呀  
  
1134  
00:48:06,200 --> 00:48:08,040  
用他话叫导阴脏  
  
1135  
00:48:08,480 --> 00:48:11,960  
其实就是整个就是水给它倒上来  
  
1136  
00:48:12,080 --> 00:48:13,480  
但为什么他没说导渗水  
  
1137  
00:48:13,480 --> 00:48:16,310  
他用字很考究，温经汤温的是精  
  
1138  
00:48:16,310 --> 00:48:17,390  
它温的不是肾啊  
  
1139  
00:48:17,390 --> 00:48:17,950  
同学们啊  
  
1140  
00:48:18,550 --> 00:48:22,030  
经它这里头就有阴有阳有穴了吧，是吧  
  
1141  
00:48:22,390 --> 00:48:25,230  
哎，整个这个迎阴穴层面的问题啊  
  
1142  
00:48:25,710 --> 00:48:26,910  
所以它叫导阴脏  
  
1143  
00:48:26,950 --> 00:48:30,150  
以上计有下，有上就有中吧  
  
1144  
00:48:30,590 --> 00:48:31,390  
中间是谁啊  
  
1145  
00:48:31,390 --> 00:48:31,950  
非常简单  
  
1146  
00:48:31,950 --> 00:48:37,470  
四味药参草下姜参草就不用说了啊  
  
1147  
00:48:37,550 --> 00:48:39,790  
人参甘草它本身就是这个益中焦  
  
1148  
00:48:40,430 --> 00:48:42,070  
半夏生姜是不是小半夏汤啊  
  
1149  
00:48:42,460 --> 00:48:45,140  
哎，在里头再加上两味药  
  
1150  
00:48:46,600 --> 00:48:48,960  
分别是谁脉动穿胸  
  
1151  
00:48:49,160 --> 00:48:51,600  
这两句话我认为是剑道之言啊  
  
1152  
00:48:51,600 --> 00:48:53,760  
我总结了一下延安先师说的  
  
1153  
00:48:54,570 --> 00:48:55,730  
为啥把它单拿出来  
  
1154  
00:48:55,730 --> 00:48:59,990  
麦冬为啥不能放到中焦这块，有里头有坑结啊  
  
1155  
00:49:00,390 --> 00:49:00,910  
说了一句话  
  
1156  
00:49:01,390 --> 00:49:03,310  
麦冬通未落灌四棒  
  
1157  
00:49:04,640 --> 00:49:08,240  
胸穹行气血气通上下  
  
1158  
00:49:08,240 --> 00:49:09,200  
我重新说一遍啊  
  
1159  
00:49:09,760 --> 00:49:12,600  
麦冬通未落贯四棒，看见了没有  
  
1160  
00:49:13,770 --> 00:49:17,010  
胸穷行血，气通上下  
  
1161  
00:49:17,890 --> 00:49:19,610  
有上下有四棒  
  
1162  
00:49:22,900 --> 00:49:25,540  
六畜得以周留啊  
  
1163  
00:49:26,300 --> 00:49:26,860  
看到了吗  
  
1164  
00:49:27,060 --> 00:49:29,260  
哎，四方上下都有了啊  
  
1165  
00:49:30,260 --> 00:49:30,980  
这个结构  
  
1166  
00:49:31,300 --> 00:49:36,450  
古人的最经典的这个结构就出来了啊  
  
1167  
00:49:37,910 --> 00:49:39,030  
所以对于这个方案  
  
1168  
00:49:39,030 --> 00:49:40,390  
我我是这么理解的  
  
1169  
00:49:40,830 --> 00:49:41,030  
呃  
  
1170  
00:49:41,110 --> 00:49:43,630  
那么他的具体的临证呢  
  
1171  
00:49:45,020 --> 00:49:45,860  
应用很多  
  
1172  
00:49:46,460 --> 00:49:46,660  
呃  
  
1173  
00:49:46,820 --> 00:49:47,420  
妇科呀  
  
1174  
00:49:47,540 --> 00:49:51,700  
几乎我们说，如果就是调经啊  
  
1175  
00:49:51,900 --> 00:49:53,380  
调穴调营  
  
1176  
00:49:54,370 --> 00:49:54,970  
甚至呢  
  
1177  
00:49:55,370 --> 00:49:59,730  
女子不孕宫寒都可以用温经汤为主方  
  
1178  
00:50:00,290 --> 00:50:01,970  
临床效果如响如应  
  
1179  
00:50:02,660 --> 00:50:03,900  
但是注意一个问题  
  
1180  
00:50:04,420 --> 00:50:05,540  
你看一看左关脉  
  
1181  
00:50:05,660 --> 00:50:10,100  
相对来说温经汤对左关脉虚弱的人比较友好  
  
1182  
00:50:10,690 --> 00:50:12,210  
如果左关脉充实  
  
1183  
00:50:12,250 --> 00:50:14,330  
你说老师，那我就认为他是宫寒  
  
1184  
00:50:14,810 --> 00:50:16,530  
那你就是抬杠的，知道吗  
  
1185  
00:50:16,800 --> 00:50:17,000  
哎  
  
1186  
00:50:17,080 --> 00:50:18,720  
甚至是脉食脉里有热  
  
1187  
00:50:19,080 --> 00:50:21,040  
那你用上之后过一段时间  
  
1188  
00:50:21,080 --> 00:50:23,080  
这个女子长了子宫肌瘤  
  
1189  
00:50:23,080 --> 00:50:25,980  
长了乳，乳腺中中中站位  
  
1190  
00:50:26,940 --> 00:50:29,020  
那就医之过也知道吗  
  
1191  
00:50:29,300 --> 00:50:29,500  
哎  
  
1192  
00:50:29,500 --> 00:50:32,340  
这个时候就不能不能乱来啊  
  
1193  
00:50:33,770 --> 00:50:34,370  
呃好  
  
1194  
00:50:34,410 --> 00:50:35,130  
那么今天啊  
  
1195  
00:50:35,490 --> 00:50:38,970  
唠唠叨叨说了这么多，我们就先到这呃  
  
1196  
00:50:41,040 --> 00:50:43,290  
那么下一节呢  
  
1197  
00:50:43,290 --> 00:50:47,170  
咱们把这个妇人杂病说完，最后啊  
  
1198  
00:50:47,170 --> 00:50:50,070  
我可能还会有一个后记吧  
  
1199  
00:50:50,270 --> 00:50:51,990  
就单独给大家说一下啊  
  
1200  
00:50:52,310 --> 00:50:53,670  
那么今天的课到此为止  
  
1201  
00:50:53,670 --> 00:50:54,830  
好谢谢大家啊